



**The Lieutenant Governor's Circle
on Mental Health and Addiction**

Tell us about the leaders in your community!

Dedicated people across the province are finding effective ways to break down stigma and strengthen mental health and addiction programs and services for Albertans. We want to hear their stories!

The True Awards

1. True Grit

This award is to be presented to an individual who has made use of mental health and addiction services and has inspired others to get help in management or recovery of mental illness or substance use, or has dedicated their efforts to furthering mental health and addiction services.

Criteria: For this award an individual who has faced a mental health or addiction challenge may be nominated. Acknowledging the strength, determination, and “grit” in overcoming obstacles will be key in determining the merit of this recipient. The nominee may have assisted in the recovery of others or helped to further the objectives of a mental health or addiction organization. Individuals who have sought to reduce stigma or helped to improve public awareness and understanding may also be nominated.

2. True Compassion

The True Compassion Award is to be given to an individual or group who has provided extraordinary contributions to the creation or delivery of mental health and addiction programs, services or initiatives.

Criteria: A volunteer, practitioner, administrator, or a persons involved with mental health and addiction services who may be part of a public, private, or nongovernmental organization may qualify for this award. This individual or group must demonstrate a commitment to improving understanding, while aiming to remove stigma associated with mental illness and addiction. Those who contribute to helping individuals or groups to achieve progress in mental health or addiction recovery may also qualify for consideration. A person or group may be nominated if their formal mandate does not deal with mental health and addiction, but they have developed a program, service or initiative that speaks to this area. A commitment beyond the nominee's occupational expectations will be weighted heavily by the Awards Selection Committee.

3. True Imagination

Innovation in mental health and addiction services is the cornerstone of this category. The award will be given to the individual, public, private, or nongovernmental organization that has initiated imaginative approaches in mental health and addiction services. **Criteria:** This award will be given to an individual or group that has developed imaginative new ways to reduce stigma, promote understanding, deliver treatment, or implement projects and programs

Deadline for Award Nominations is June 1, 2021.

How to Submit a Nomination

Email the application and supporting documents as PDF files to execdir@LGCircleAlberta.ca

Candidates may be nominated in multiple categories; however a separate form must be submitted for each nomination and include separate supporting materials.

Provide the nominee's full name, postal and email addresses and phone number. If nominating an organization, please provide a contact person's name.

Prepare a two-page submission (approx. 500 words) describing why the nominee deserves to be recognized. Submissions should identify how the nominee meets the attributes outlined for the category. You may include up to five additional pages, such as newspaper articles, that strengthen your nomination.

Provide up to three letters of support from individuals or organizations.

Nominators are advised to work with nominees so that information and details submitted are accurate and complete.

Any individual/organization may submit a nomination. Circle Board Members are ineligible to nominate or be nominated. The Selection Committee may reassign applicants to a more appropriate category based on material provided.

About the Awards

The True Awards celebrate caring, forward-looking Albertans who are working to break down stigma, help those living with mental health or addiction concerns and make our province a stronger and more inclusive place to be.

All nominees receive a certificate of appreciation.

Those selected for a True Award will receive their honour from the Lieutenant Governor of Alberta at a special ceremony in September.

www.lgcirclealberta.ca

The True Awards Nomination Form

Nominee:

Group

Individual

Name:

Address:

City:

Postal code:

Phone:

Alt. phone:

Email:

Award category:

Has the nominee been notified?

Nominator:

Name:

Address:

City:

Postal code:

Phone:

Alt. phone:

Email:

Signature:

Date:

Nominators will be notified of the application's status prior to the ceremony.