

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Girls 12-13 60 Meter Dash

Name	Team	Finals
Finals		
1 Mead, Kaitlynn	Annapolis Co	8.45
2 Francis, Stefanie	Athletics Ea	8.96
3 Durning, Rylie	Truro Lions	10.06

Women 14-15 60 Meter Dash

Name	Team	Finals
Finals		
1 Raymond, Annabelle	Athletics Ea	8.00
2 Denton, Athena	Annapolis Co	8.34
3 Rodriguez-Cooper, Chanel	Athletics Ea	8.49
4 Joseph, Audrey	Athletics Ea	8.56
5 Jeong, Anna	Athletics Ea	8.70
6 Jeong, Hana	Athletics Ea	9.16
7 Lozier, Giana	Athletics Ea	9.18

Women 16-17 60 Meter Dash

Name	Team	Finals
Finals		
1 Landry, Zoe	Athletics Ea	8.06
2 Gouthro, Isabella	Truro Lions	8.41
3 Tibbo, Rylee	Yhz Track &	8.84
4 MacKenzie, Bella	Special Olym	9.42

Women 18-19 60 Meter Dash

Name	Team	Finals
Finals		
1 Sheppard, Lynn	Dalhousie Ti	8.14
2 Oshikoya, Lola	Dalhousie Ti	8.33
3 Thomas, Sophie	Upei Panther	8.38
4 Husain, Maja	Dalhousie Ti	8.44
5 Remington, Tayah	St. Mary's H	8.47
6 Lightbourn, Penelope	St. Mary's H	8.49
7 Getchman, Lila	St. Mary's H	8.55
8 Marsman, Lori	St. Mary's H	8.57
9 MacLeod, Allie	Cape Breton	9.24
10 Warkentin, Drew	Special Olym	10.48

Women 20-34 60 Meter Dash

Name	Team	Finals
Finals		
1 Brennan, Bridget	Unattached-N	8.05
2 Poisson, Ali	Dalhousie Ti	8.07
3 Roach, Mackenzie	St. Mary's H	8.10
4 Schentrup, Teigan	Dalhousie Ti	8.20
5 Wylie, Lily	St. Mary's H	8.26
6 Boutilier, Bianca	Upei Panther	8.26
7 King, Megan	St. Mary's H	8.33
8 Goodwin, Jess	Dalhousie Ti	8.36
9 Akachukwu, Favour	Cape Breton	8.39
10 Cole-Johnson, Emily	Dalhousie Ti	8.62
11 Maclachlin, Joy	Special Olym	9.18
12 Russell, Jade	Cape Breton	9.19
13 Johnson, Skylynn	Special Olym	13.52

14 Mason, Bailee Special Olym 13.95

Women 35-99 60 Meter Dash

Name	Team	Finals
Finals		
1 Weeks, Angela	Athletics Ea	9.68
2 Roberts, Kim	Unattached-N	10.14

Girls 12-13 150 Meter Dash

Name	Team	Finals
Finals		
1 Mead, Kaitlynn	Annapolis Co	20.56
2 Durning, Rylie	Truro Lions	24.49

Women 14-15 200 Meter Dash

Name	Team	Finals
Finals		
1 Denton, Athena	Annapolis Co	28.49
2 Lozier, Giana	Athletics Ea	29.73
3 Joseph, Audrey	Athletics Ea	30.43
4 Barteaux, Raelin	Annapolis Co	31.24

Women 16-17 200 Meter Dash

Name	Team	Finals
Finals		
1 Smikle, Shaniece	A.S.E.A.	26.67
2 Landry, Zoe	Athletics Ea	27.03
3 Wile, Claire	Crown Athlet	28.46
4 Gouthro, Isabella	Truro Lions	29.14
5 Fortune, Alyssa	Pictou Count	29.94
6 Nishimura, Minori	Annapolis Co	30.75
7 MacKenzie, Bella	Special Olym	33.42

Women 18-19 200 Meter Dash

Name	Team	Finals
Finals		
1 Thomas, Sophie	Upei Panther	28.09
2 Ross, Ava	Cape Breton	30.56

Women 20-34 200 Meter Dash

Name	Team	Finals
Finals		
1 Akachukwu, Favour	Cape Breton	27.68
2 Boutilier, Bianca	Upei Panther	28.84
3 Russell, Jade	Cape Breton	31.52
4 Maclachlin, Joy	Special Olym	31.81
5 Johnson, Skylynn	Special Olym	54.10
6 Mason, Bailee	Special Olym	1:04.46

Women 35-99 200 Meter Dash

Name	Team	Finals
Finals		
1 Roberts, Kim	Unattached-N	35.37
2 Bryant, Jo	Unattached N	40.25

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Girls 12-13 300 Meter Dash

Name	Team	Finals
------	------	--------

Finals

1	Mead, Kaitlynne	Annapolis Co	44.26
---	-----------------	--------------	-------

Women 14-15 300 Meter Dash

Name	Team	Finals
------	------	--------

Finals

1	Jeong, Anna	Athletics Ea	44.70
---	-------------	--------------	-------

Women 18-19 300 Meter Dash

Name	Team	Finals
------	------	--------

Finals

1	Thomas, Sophie	Upei Panther	45.15
2	Lightbourn, Penelope	St. Mary's H	47.43
3	Marsman, Lori	St. Mary's H	47.76
4	Remington, Tayah	St. Mary's H	50.95

Women 20-34 300 Meter Dash

Name	Team	Finals
------	------	--------

Finals

1	Brennan, Bridget	Unattached-N	41.42
2	Roach, Mackenzie	St. Mary's H	41.64
3	Goodwin, Jess	Dalhousie Ti	43.51
4	Poisson, Ali	Dalhousie Ti	43.94
5	Boutilier, Bianca	Upei Panther	44.17
6	Schentrup, Teigan	Dalhousie Ti	44.60
7	Akachukwu, Favour	Cape Breton	44.60
8	King, Megan	St. Mary's H	46.42
9	Cole-Johnson, Emily	Dalhousie Ti	47.41
10	Russell, Jade	Cape Breton	52.25

Women 14-15 400 Meter Dash

Name	Team	Finals
------	------	--------

Finals

1	Raymond, Annabelle	Athletics Ea	1:00.47
2	Fraser, Rebecca	Athletics Ea	1:06.79

Women 16-17 400 Meter Dash

Name	Team	Finals
------	------	--------

Finals

1	Smith, Maryn	Truro Lions	1:03.34
2	Wile, Claire	Crown Athlet	1:08.05

Women 18-19 600 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Gittens, Angelique	St. Mary's H	1:53.48
2	Theriault, Marcienne	St. Mary's H	2:04.54

Girls 12-13 800 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Laycock, Emma	Athletics Ea	2:35.74
2	Quinton, Emma	Athletics Ea	3:04.81

Women 16-17 800 Meter Run

Name	Team	Finals
------	------	--------

Finals

---	Fortune, Alyssa	Pictou Count	DNF
-----	-----------------	--------------	-----

Women 35-99 800 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Crowell, Cherlynn	Southwest No	5:00.42
---	-------------------	--------------	---------

Women 16-17 1000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Benevides, Alexandra	Unattached	3:15.10
---	Lewis, Abby	Athletics Ea	NT

Women 18-19 1000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Sneddon-Simons, Katherir	Dalhousie Ti	3:22.11
---	McIntyre, Hannah	St. Francis	NT
---	Macdonald, Cara	Dalhousie Ti	NT
---	Richardson, Georgie	Dalhousie Ti	NT

Women 20-34 1000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Humphrey, Amelia	Dalhousie Ti	3:22.25
---	Fullarton, Zoe	Dalhousie Ti	NT
---	Hebert, Brynn	St. Francis	NT
---	Richardson, Chloe	Dalhousie Ti	NT
---	Kennedy, Catherine	Athletics Ea	NT
---	Macdonald, Aidan	Dalhousie Ti	NT

Girls 10-11 1200 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Burris, Isabella	Truro Lions	4:38.58
2	Joseph, Amelia	Unattached	4:58.82

Girls 12-13 1200 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Laycock, Emma	Athletics Ea	4:23.87
2	James, Chelsea	Crown Athlet	4:47.78
3	Quinton, Emma	Athletics Ea	5:08.80

Women 16-17 1500 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Moon, Poppy	Athletics Ea	4:53.18
2	Jennex, Isabella	Athletics Ea	5:07.25
3	MacLeod, Frances	Athletics Ea	5:13.65
4	Tobin, Evelyn	Yhz Track &	5:19.07

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Women 18-19 1500 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Quinn, Paige	St. Francis	5:04.90
2	Moore, Jacqueline	St. Mary's H	5:20.84

Women 20-34 1500 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Brady, Ashley	St. Mary's H	5:23.50
---	---------------	--------------	---------

Women 35-99 1500 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	James, Paula	Crown Athlet	5:11.77
---	--------------	--------------	---------

Girls 12-13 2000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Wilson, Kaye	Yhz Track &	7:54.22
---	--------------	-------------	---------

Women 14-15 3000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Evers, Molly	Yhz Track &	11:14.13
---	Wasson, Allison	Asea	NT

Women 18-19 3000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Angona, Stefania	Upei Panther	11:02.64
2	Harris, Anna	Upei Panther	11:08.32

Women 20-34 3000 Meter Run

Name	Team	Finals
------	------	--------

Finals

1	Richard, Grace	Upei Panther	10:41.69
2	Mitha, Jasmine	Dalhousie Ti	11:02.42
3	Abou El Naja, Maya	Upei Panther	11:21.21
4	Jenkins, Ella	Upei Panther	11:40.59
5	Cameron, Gael	St. Mary's H	11:55.12
---	Richard, Katie	Upei Panther	NT

Women 12-13 60 Meter Hurdles 30"

Name	Team	Finals
------	------	--------

Finals

1	Durning, Rylie	Truro Lions	13.15
---	----------------	-------------	-------

Women 14-15 60 Meter Hurdles 30"

Name	Team	Finals
------	------	--------

Finals

1	Barteaux, Raelin	Annapolis Co	10.76
---	------------------	--------------	-------

Women 16-17 60 Meter Hurdles 30"

Name	Team	Finals
------	------	--------

Finals

1	Smith, Maryn	Truro Lions	9.32
---	--------------	-------------	------

2	Gaudry, Catherine	Athletics Ea	10.26
3	Fortune, Alyssa	Pictou Count	10.48
4	Cavallina, Chiara	Adrenaline A	10.80
5	Nishimura, Minori	Annapolis Co	11.15

Women 18-34 60 Meter Hurdles 33"

Name	Team	Finals
------	------	--------

Finals

1	Gaudry, Abbi	Dalhousie Ti	9.00
2	Covert, Claire	Dalhousie Ti	9.84
3	Black, Raeden	St. Mary's H	10.01
4	LeBlanc, Claire	Dalhousie Ti	10.03
5	Ross, Ava	Cape Breton	10.78
6	Hadskis, Maggie	Dalhousie Ti	11.15

Women 50-54 60 Meter Hurdles 30"

Name	Team	Finals
------	------	--------

Finals

1	Weeks, Angela	Athletics Ea	11.18
---	---------------	--------------	-------

Women 16-17 High Jump

Name	Team	Finals
------	------	--------

Finals

1	Gaudry, Catherine	Athletics Ea	1.45m
2	Fortune, Alyssa	Pictou Count	1.40m

Women 18-19 High Jump

Name	Team	Finals
------	------	--------

Finals

1	Peterside, Alaere	Upei Panther	1.68m
2	Hicks, Kiersten	Dalhousie Ti	1.50m
3	Hadskis, Maggie	Dalhousie Ti	1.45m
4	MacLeod, Allie	Cape Breton	1.30m
4	Silcox, Reagan	St. Mary's H	1.30m
---	LeBlanc, Claire	Dalhousie Ti	NH

Women 20-34 High Jump

Name	Team	Finals
------	------	--------

Finals

1	Gaudry, Abbi	Dalhousie Ti	1.60m
2	Henneberry, Samantha	Dalhousie Ti	1.55m
2	Scott, Georgia	Dalhousie Ti	1.55m

Girls 12-13 Long Jump

Name	Team	Finals
------	------	--------

Finals

1	Durning, Rylie	Truro Lions	3.74m
---	----------------	-------------	-------

Women 14-15 Long Jump

Name	Team	Finals
------	------	--------

Finals

1	Rodriguez-Cooper, Chanel	Athletics Ea	4.83m
---	--------------------------	--------------	-------

Women 16-17 Long Jump

Name	Team	Finals
------	------	--------

Finals

1	Fowler, Ailish	Unattached	4.53m
---	----------------	------------	-------

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Finals ... (Women 16-17 Long Jump)

Name	Team	Finals
2 Nishimura, Minori	Annapolis Co	4.28m
3 Tibbo, Rylee	Yhz Track &	4.03m
4 Wolthausen, Lyla	Athletics Ea	4.00m
5 Fortune, Alyssa	Pictou Count	3.99m

Women 18-19 Long Jump

Name	Team	Finals
Finals		
1 Husain, Maja	Dalhousie Ti	5.15m
2 Black, Raeden	St. Mary's H	5.02m
3 Covert, Claire	Dalhousie Ti	4.67m
4 Oshikoya, Lola	Dalhousie Ti	4.64m
5 LeBlanc, Claire	Dalhousie Ti	4.47m
6 Hadskis, Maggie	Dalhousie Ti	4.43m

Women 20-34 Long Jump

Name	Team	Finals
Finals		
1 Gaudry, Abbi	Dalhousie Ti	5.55m
2 McGean, Hannah	Dalhousie Ti	5.39m

Women 35-99 Long Jump

Name	Team	Finals
Finals		
1 Roberts, Kim	Unattached-N	3.48m

Girls 12-13 Triple Jump

Name	Team	Finals
Finals		
1 Durning, Rylie	Truro Lions	7.84m

Women 14-15 Triple Jump

Name	Team	Finals
Finals		
1 Rodriguez-Cooper, Chanel	Athletics Ea	10.55m

Women 16-17 Triple Jump

Name	Team	Finals
Finals		
1 Gaudry, Catherine	Athletics Ea	10.20m
2 Fowler, Ailish	Unattached	9.34m
3 Wolthausen, Lyla	Athletics Ea	8.73m

Women 18-19 Triple Jump

Name	Team	Finals
Finals		
1 Husain, Maja	Dalhousie Ti	11.13m
2 Ross, Ava	Cape Breton	9.63m
3 MacLeod, Allie	Cape Breton	8.81m

Women 20-34 Triple Jump

Name	Team	Finals
Finals		
1 McGean, Hannah	Dalhousie Ti	10.39m
2 Scott, Georgia	Dalhousie Ti	9.70m

Girls 10-11 60 Meter Dash Tetrathlon

Name	Team	Finals
Finals		
1 Miles, Finley	Yhz Track &	10.52 155
2 Dennis, Hadley	Yhz Track &	10.61 149

Girls 10-11 600 Meter Dash Tetrathlon

Name	Team	Finals
Finals		
1 Miles, Finley	Yhz Track &	2:32.14 97
2 Dennis, Hadley	Yhz Track &	2:33.48 92

Girls 10-11 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Dennis, Hadley	Yhz Track &	3.37m 170
2 Miles, Finley	Yhz Track &	3.23m 160

Girls 10-11 Shot Put Tetrathlon

Name	Team	Finals
Finals		
1 Dennis, Hadley	Yhz Track &	5.52m 143
2 Miles, Finley	Yhz Track &	3.64m 77

Men 12-13 60 Meter Dash

Name	Team	Finals
Finals		
1 Ward, Parker	Valley Athle	8.17
2 Durling, Mitchell	Yhz Track &	8.54

Men 14-15 60 Meter Dash

Name	Team	Finals
Finals		
1 Raymond, Henry	Athletics Ea	7.40
2 Lerue, Nathan	Athletics Ea	7.66
3 Thurston, Wyatt	Athletics Ea	7.67
4 Legge, Colin	Truro Lions	7.73
5 Durning, Ryker	Truro Lions	8.11
6 Shehata, Zain	Annapolis Co	8.14

Men 16-17 60 Meter Dash

Name	Team	Finals
Finals		
1 Rioux, Nathan	Aetos Athlet	7.18
2 Phillips, Anthony	Celtic Athle	7.29
3 White, Jacob	Athletics Ea	7.33
4 Macdonald, Liam	Athletics Ea	7.44
5 Jefferies, Angus	Annapolis Co	7.59
6 David, Maclean	Athletics Ea	7.61
7 Zhao, Yunshu	Athletics Ea	7.77
8 Hooper, Ethan	Adrenaline A	7.79
9 Macdonald, Ciaran	0	7.92

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Men 18-19 60 Meter Dash

Name	Team	Finals
Finals		
1 Babalola, Praise	Athletics Ea	7.31
2 Conrad, Austin	Dalhousie Ti	7.32
3 Diakite, Sidiki	Upei Panther	7.36
4 Bucci, Jonah	St. Mary's H	7.55
5 Headley, Owen	Upei Panther	7.67
6 Foley, Liam	Annapolis Co	7.68
7 Onyekwelu, Emmanuel	Upei Panther	7.74
8 Murphy, Caelen	St. Mary's H	7.77
9 Hall, Keegan	St. Mary's H	7.79
10 Okunola, Jason	St. Mary's H	7.82
11 Martin, Noah	St. Mary's H	7.86
12 Farrell, D'Andre	St. Mary's H	7.93
13 Nix, Owen	St. Mary's H	8.21
14 Lahey, Kegan	Special Olym	8.65
15 Thornhill, Jack	Special Olym	8.99

Men 20-34 60 Meter Dash

Name	Team	Finals
Finals		
1 Akachukwu, Promise	Cape Breton	6.91
2 Williams, Jaiden	St. Mary's H	7.01
3 Lunda, Josh	Athletics Ea	7.05
4 Amobi, Jonathan	Cape Breton	7.16
5 Smith, Chad	St. Mary's H	7.24
6 Aftanas, Matt	Dalhousie Ti	7.26
7 Smith, Jeffrey	Unattached N	7.43
8 Blanchard, Colin	Upei Panther	7.47
9 Bisht, Dinesh	Cape Breton	7.52
10 Bilmer, Magnus	St. Mary's H	7.54
11 Isadore, Dante	St. Mary's H	7.55
12 Edwards, Ben	Dalhousie Ti	7.59
13 MacGregor, Peter	Dalhousie Ti	7.72
14 Wall, Eric	St. Mary's H	7.74
15 Connell, Thomas	Cape Breton	7.87
16 Chiumba, Simbarashe	St. Mary's H	7.89
17 Marshall, Braden	St. Mary's H	7.93
18 Barnes, Logan	Special Olym	7.94
19 Gamero, Sebastian	Cape Breton	7.95
20 Eze, Charles	Cape Breton	8.00
21 Isadore, Keonante	Baddeck Beac	8.29
22 Hicks, Jason	Special Olym	8.45
23 James, Anthony	Special Olym	9.14
--- Egwuagu, Charles	Cape Breton	DQ
--- Storry- Trefry, Jaden	St. Mary's H	DQ

Men 35-99 60 Meter Dash

Name	Team	Finals
Finals		
1 Melchiore, Ron	Unattached N	9.07
2 Smith, Troy	Unattached N	9.51
3 Kingston, John	Unattached N	11.72

Men 12-13 150 Meter Dash

Name	Team	Finals
Finals		
1 Ward, Parker	Valley Athle	19.97
2 Durling, Mitchell	Yhz Track &	20.93

Men 14-15 200 Meter Dash

Name	Team	Finals
Finals		
1 Thurston, Wyatt	Athletics Ea	24.67
2 Durning, Ryker	Truro Lions	26.36
3 Thibault, James	Athletics Ea	26.51
4 Ansems, Alexander	Athletics Ea	26.67
5 Shehata, Zain	Annapolis Co	27.27

Men 16-17 200 Meter Dash

Name	Team	Finals
Finals		
1 Rioux, Nathan	Aetos Athlet	23.06
2 Mellish, Jack	A.S.E.A.	23.69
3 Macdonald, Liam	Athletics Ea	23.96
4 Phillips, Anthony	Celtic Athle	24.25
5 David, Maclean	Athletics Ea	25.75
6 Jefferies, Angus	Annapolis Co	25.76

Men 18-19 200 Meter Dash

Name	Team	Finals
Finals		
1 Diakite, Sidiki	Upei Panther	24.14
2 Babalola, Praise	Athletics Ea	24.21
3 Headley, Owen	Upei Panther	24.99
4 Foley, Liam	Annapolis Co	25.85
5 Thornhill, Jack	Special Olym	29.77
6 Lahey, Kegan	Special Olym	29.99

Men 20-34 200 Meter Dash

Name	Team	Finals
Finals		
1 Macmullin, Andy	Winston's Wa	22.52
2 Lunda, Josh	Athletics Ea	22.82
3 Akachukwu, Promise	Cape Breton	23.40
4 Amobi, Jonathan	Cape Breton	24.22
5 Blanchard, Colin	Upei Panther	24.44
6 Egwuagu, Charles	Cape Breton	24.64
7 Connell, Thomas	Cape Breton	26.27
8 Gamero, Sebastian	Cape Breton	26.56
9 Barnes, Logan	Special Olym	27.19
10 Hicks, Jason	Special Olym	27.71
11 James, Anthony	Special Olym	31.06

Men 35-99 200 Meter Dash

Name	Team	Finals
Finals		
1 Melchiore, Ron	Unattached N	29.80
2 Smith, Troy	Unattached N	32.45

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Men 12-13 300 Meter Dash

Name	Team	Finals
Finals		
1 Ward, Parker	Valley Athle	43.03

Men 14-15 300 Meter Dash

Name	Team	Finals
Finals		
1 Ansems, Alexander	Athletics Ea	41.52
2 Thibault, James	Athletics Ea	41.73
3 Boudreau, Isaac	Pictou Count	42.37
4 Thompson, Adam	Asea	47.57
5 Smith, Owen	A.S.E.A.	47.93

Men 16-17 300 Meter Dash

Name	Team	Finals
Finals		
1 Mellish, Jack	A.S.E.A.	37.20
2 Tremble, Greysen	A.S.E.A.	38.04

Men 18-19 300 Meter Dash

Name	Team	Finals
Finals		
1 Diakite, Sidiki	Upei Panther	37.98
2 Murphy, Caelen	St. Mary's H	38.88
3 Hall, Keegan	St. Mary's H	39.29
4 Headley, Owen	Upei Panther	39.39
5 Bucci, Jonah	St. Mary's H	40.00
6 Martin, Noah	St. Mary's H	40.47
7 Farrell, D'Andre	St. Mary's H	40.97
8 Onyekwelu, Emmanuel	Upei Panther	46.69

Men 20-34 300 Meter Dash

Name	Team	Finals
Finals		
1 Macmullin, Andy	Winston's Wa	35.31
2 Isadore, Dante	St. Mary's H	37.76
3 Williams, Jaiden	St. Mary's H	37.87
4 Smith, Chad	St. Mary's H	37.90
5 Storry- Trefry, Jaden	St. Mary's H	38.83
6 Amobi, Jonathan	Cape Breton	38.91
7 Bilmer, Magnus	St. Mary's H	39.19
8 Egwuagu, Charles	Cape Breton	39.20
9 Bisht, Dinesh	Cape Breton	39.47
10 Blanchard, Colin	Upei Panther	39.50
11 Spears, Brycen	Upei Panther	39.69
12 Marshall, Braden	St. Mary's H	40.03
13 Okoye, Jesil	Cape Breton	40.90
14 Connell, Thomas	Cape Breton	41.80
15 Chiumba, Simbarashe	St. Mary's H	42.01
16 Gamero, Sebastian	Cape Breton	42.44
17 Ngenga, Matthew	Cape Breton	43.05
18 Okundaye, Ola	Cape Breton	43.59

Men 16-17 400 Meter Dash

Name	Team	Finals
Finals		
1 Hooper, Ethan	Adrenaline A	54.34

Men 20-34 400 Meter Dash

Name	Team	Finals
Finals		
1 Penny, Brandon	Cape Breton	53.65

Men 16-17 600 Meter Run

Name	Team	Finals
Finals		
1 Martin, Robert	Yhz Track &	1:37.17

Men 18-19 600 Meter Run

Name	Team	Finals
Finals		
1 Adhana, Akshay	Cape Breton	2:07.23

Men 20-34 600 Meter Run

Name	Team	Finals
Finals		
1 James, Zach	Dalhousie Ti	1:21.05
2 Lord, Dan	Dalhousie Ti	1:21.25
3 Gray, Braden	Dalhousie Ti	1:30.70
4 Bisht, Dinesh	Cape Breton	1:36.74
5 Okundaye, Ola	Cape Breton	1:45.29
6 Ngenga, Matthew	Cape Breton	1:55.55

Men 14-15 800 Meter Run

Name	Team	Finals
Finals		
1 Delong, Tim	Athletics Ea	2:15.28
2 Boudreau, Miguel	A.S.E.A.	2:16.59
3 Quinton, Jack	Athletics Ea	2:21.88
4 Thompson, Adam	Asea	2:31.22

Men 16-17 800 Meter Run

Name	Team	Finals
Finals		
1 Bower, Achilles	Crown Athlet	2:12.92

Men 16-17 1000 Meter Run

Name	Team	Finals
Finals		
1 Tremble, Greysen	A.S.E.A.	2:41.49
2 Quinton, Alex	Athletics Ea	2:42.26

Men 18-19 1000 Meter Run

Name	Team	Finals
Finals		
1 Flemming, Owen	St. Francis	2:35.39

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Men 20-34 1000 Meter Run

Name	Team	Finals
Finals		
1 Ford, Eli	St. Mary's H	2:48.89
2 Penny, Brandon	Cape Breton	2:48.94
3 Whingwiri, Tadiwanashe	St. Mary's H	2:51.36

Men 14-15 1200 Meter Run

Name	Team	Finals
Finals		
1 Delong, Tim	Athletics Ea	3:36.23
2 Quinton, Jack	Athletics Ea	3:42.51
3 Walker, Mark	Stfx Track A	3:47.12
4 McIntyre, Jonah	Athletics Ea	4:06.32
5 Sunderland, Adrian	Annapolis Co	4:06.88
6 Smith, Owen	A.S.E.A.	4:11.10

Men 14-15 1500 Meter Run

Name	Team	Finals
Finals		
1 Ackerman, David	Yhz Track &	4:41.58

Men 18-19 1500 Meter Run

Name	Team	Finals
Finals		
1 Dueck, Benji	Upei Panther	4:16.72
2 Wolfe, Baleyon	Upei Panther	4:21.26
3 Adhana, Akshay	Cape Breton	6:21.97

Men 20-34 1500 Meter Run

Name	Team	Finals
Finals		
1 Kozma, Matthew	Upei Panther	4:39.26
2 Wigmore, Josiah	Upei Panther	4:54.78
3 Rogers, Cody	Islanders Tr	5:08.29

Men 35-99 1500 Meter Run

Name	Team	Finals
Finals		
1 Wieczorek, Greg	Unattached N	4:45.65

Men 14-15 3000 Meter Run

Name	Team	Finals
Finals		
1 Wood, Josh	Pictou Count	10:41.00
2 Boudreau, Isaac	Pictou Count	10:41.28

Men 16-17 3000 Meter Run

Name	Team	Finals
Finals		
1 MacNeil, Jack	Pictou Count	9:42.83
2 Cuthbert, Riley	Halifax Road	9:52.15

Men 18-19 3000 Meter Run

Name	Team	Finals
Finals		
1 Gamble, Griffin	St. Francis	8:44.27
2 McCullagh, Liam	St. Francis	8:49.96
3 MacIsaac, Max	Upei Panther	9:14.14
4 Brown, Campbell	Upei Panther	9:38.89
5 Walker, Liam	Stfx Track A	9:50.10
6 Dalton, Jacob	Upei Panther	10:04.17
--- Lawton, Mathew	St. Francis	DNF

Men 20-34 3000 Meter Run

Name	Team	Finals
Finals		
1 Colford, Michael	Unattached	8:55.07
2 Freeman, Alec	Unattached	9:05.69
3 Piccinin, Stephane	Halifax Road	9:07.60
4 Roberts, Jack	Upei Panther	9:08.82
5 Stewart, Joe	St. Mary's H	9:12.45
6 Verschoor, Ian	Unattached	9:20.77
7 McMullin, Bradley	Unattached-N	9:38.24
8 Gillis, Travis	St. Mary's H	11:45.33
9 Phillips, Grant	Special Olym	13:29.78

Men 35-99 3000 Meter Run

Name	Team	Finals
Finals		
1 Gorman, Jeff	Unattached N	9:39.60

Men 16-17 60 Meter Hurdles 36"

Name	Team	Finals
Finals		
1 Martin, Robert	Yhz Track &	10.59
2 Hooper, Ethan	Adrenaline A	11.41

Men 18-34 60 Meter Hurdles 42"

Name	Team	Finals
Finals		
1 Sutherland, Tristen	St. Mary's H	9.88
2 Marshall, Braden	St. Mary's H	9.97

Men 14-15 High Jump

Name	Team	Finals
Finals		
1 Levesconte, Kyle	Baddeck Beac	1.60m

Men 18-19 High Jump

Name	Team	Finals
Finals		
1 Marchand, Blake	Dalhousie Ti	1.90m
2 Solanke, David	Cape Breton	1.60m

Men 20-34 High Jump

Name	Team	Finals
Finals		
1 Marshall, Diego	Dalhousie Ti	1.90m

2023 Athletics Nova Scotia Last Chance Meet - 12/2/2023

Canada Games Centre

Results

Finals ... (Men 20-34 High Jump)

Name	Team	Finals
1 Wall, Eric	St. Mary's H	1.90m
3 Dahr, Ethan	Dalhousie Ti	1.85m
--- Spears, Brycen	Upei Panther	NH

Men 14-15 Long Jump

Name	Team	Finals
Finals		
1 Legge, Colin	Truro Lions	5.64m
2 Levesconte, Kyle	Baddeck Beac	5.57m
3 Durning, Ryker	Truro Lions	5.05m

Men 16-17 Long Jump

Name	Team	Finals
Finals		
1 Macdonald, Ciaran	0	5.32m

Men 18-19 Long Jump

Name	Team	Finals
Finals		
1 Conrad, Austin	Dalhousie Ti	6.42m
2 Solanke, David	Cape Breton	5.62m
3 Fiala, Ondrej	Dalhousie Ti	5.59m

Men 20-34 Long Jump

Name	Team	Finals
Finals		
1 Isadore, Dante	St. Mary's H	6.65m
2 Oshikoya, Tobi	Dalhousie Ti	6.43m
3 Hutchinson, Josh	Dalhousie Ti	6.35m
4 Smith, Chad	St. Mary's H	6.27m
5 Beaulieu, Nick	Dalhousie Ti	6.01m
6 Okoye, Jesil	Cape Breton	5.93m
7 Akachukwu, Promise	Cape Breton	5.79m
8 Bilmer, Magnus	St. Mary's H	5.60m
9 Sutherland, Tristen	St. Mary's H	5.52m
10 Spears, Brycen	Upei Panther	5.42m
11 Eze, Charles	Cape Breton	5.07m

Men 35-99 Long Jump

Name	Team	Finals
Finals		
1 Kingston, John	Unattached N	2.40m

Men 14-15 Triple Jump

Name	Team	Finals
Finals		
1 Durning, Ryker	Truro Lions	10.50m

Men 16-17 Triple Jump

Name	Team	Finals
Finals		
1 Macdonald, Ciaran	0	11.97m
--- Adebisi, Folu	Athletics Ea	FOUL

Men 18-19 Triple Jump

Name	Team	Finals
Finals		
1 Oshikoya, Biola	Dalhousie Ti	11.51m

Men 20-34 Triple Jump

Name	Team	Finals
Finals		
1 Oshikoya, Tobi	Dalhousie Ti	14.34m
2 Okoye, Jesil	Cape Breton	12.49m
3 MacGregor, Peter	Dalhousie Ti	11.15m

Men 10-11 60 Meter Dash Tetrathlon

Name	Team	Finals
Finals		
1 Boyd, William	Yhz Track &	10.51 156

Men 10-11 600 Meter Dash Tetrathlon

Name	Team	Finals
Finals		
1 Boyd, William	Yhz Track &	2:26.02 122

Men 10-11 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Boyd, William	Yhz Track &	3.35m 169

Men 10-11 Shot Put Tetrathlon

Name	Team	Finals
Finals		
1 Boyd, William	Yhz Track &	4.35m 102