



YWCA SURVIVE TO THRIVE

A specialized employment program
for survivors of violence and/or abuse

YWCA Survive to Thrive is a free 12-week program that assists participants to prepare for employment and further education in order to thrive in community, work and life.

Group workshops and one-to-one support in a safe and supportive environment | Support from trauma-informed career advisors | Skills training and job search support | Coaching, financial supports and more.

Learn more and register:

ywcavan.org/survive-to-thrive

604 936 5694 | 778 877 1533 | survivetothrive@ywcavan.org



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