

RBC Patient and Family Learning Space

camh | Azrieli Adult Neurodevelopmental Centre

Caregiver Lunch and Unlearn: Autistic Adults and Mental Health

Organized, developed & facilitated by caregivers

Join us for the 3rd of 6 sessions of interactive unlearning of topics relevant to caregivers. Unlearning is not about teaching people that what they know is wrong, rather we aim to provide an empowering space to examine what we think we know & consider different perspectives.



UNLEARNING: Autism and Psychiatry

Alongside Dr. Amanda Sawyer, child and adolescent psychiatrist, caregivers will explore:

- Medication use & Autism: why & what are we medicating?
- Psychiatric diagnosis vs being Autistic in neurotypical world
- Clinician limitations: It takes a village

Register: http://bitly.ws/x5CW

RBC Patient and Family Learning Space 1025 Queen Street West, Ground Floor Toronto ON M6J 1H4 Web event details:

Thursday, December 15th, 2022

@ 12 PM – 1 PM

Register by scanning this QR code with your smartphone



This project is supported by the Public Health Agency of Canada

Questions? email us at: PFLS@camh.ca

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mental health is health