

NOBODY'S PERFECT PARENTING

Nobody's Perfect is a place where
parents can:

- **MEET** with other parents of young children (ages 0-5)
- **SHARE** questions or concerns and ideas about being a parent
- **LEARN** about child development, safety, health and behaviour
- **TALK** about real-life parenting experiences
- **WORK** together with the support of a trained facilitator
- **DISCOVER** ways of positive parenting



**"THERE ARE NO PERFECT
PARENTS, PERFECT CHILDREN
OR PERFECT PEOPLE. WE CAN
ONLY DO OUR BEST, AND WE
ALL NEED HELP ONCE IN A
WHILE."**

Watch for upcoming dates and times when
this program will be up and running! If you
have any questions please

call: 691-0202

text: 690-1372

email: office@moosejawfrc.ca

For more information about Nobody's Perfect
please visit nobodysperfect.ca or click below!



What is TikTok?

TikTok is a social media platform where
viewers can watch short clips. This is an
easy and fun way to share ideas and
information with our families!

The Moose Jaw FRC is
now on TikTok!
Check us out and follow
us @moosejawfrc or
click the TikTok logo
below!

