

# The Royal Gazette

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## Western Students Protest After Sexual Assault Claims *pg 4*

After numerous on-campus sexual assaults, students protest at Western University.



## Gabby Petito, A Victim of Partner Violence *pg 6*

An analysis and explanation of Gabby Petito's murder.

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**Above:** Students of Ancaster High enjoying the wonderful activities the AAC prepared for the annual Terry Fox Run (Mr. Schurer/The Royal Gazette)



By Anika Kanagaretnam  
& Rose He  
**Co-Editor-in-Chief & Staff Designer**

As **HWDSB schools have been** slowly reintroducing in-person clubs, sports, and events with careful precautions and awareness of the pandemic, this year's annual Terry Fox Run was held on September 24th at Ancaster High. Classes participated throughout the day by running or walking laps on our new field, joining in on fun activities, and supporting an important cause.

The Ancaster Athletic Council (AAC) organized the Terry Fox Run and games. Mr. Schurer responded to the following questions through email.

**Q: First, how much money did we raise for Terry Fox? Do you know which class raised the most?**

Total money raised: \$2225  
Mrs. Harris' class raised \$219

**Q: Next, how did your club prepare the event and what activities took place?**

Ms. Adams and Mrs. Schurer organized the amazing Game Zone. We included games that were challenging and fun (musical chairs was a big hit--who knew!), and we also included spikeball, can jam, kick a field goal, soccer target challenge, frisbee

golf, and frisbee nerf knock-down! Students walked or ran a lap (Ms. McLaren ran 10 km or 12 laps and Mr. Dunbrack pushed through) in between games, for three laps in total.

We asked teachers to promote the event in their classes by sharing a link of a Terry Fox video and by asking them to discuss the significance of his legacy to all Canadians and to those in particular whose lives have been touched in some way by cancer.

Mr. Schurer organized the registration and the two music stations. The registration area was designed to welcome every person that joined our Annual Terry Fox Run and they cheered on each lap completed by walkers and runners. The atmosphere was amazing, the "eye smiles" of so many students and staff really made our goal of making the Terry Fox Run as normal as possible and the sense of the Ancaster High

community was definitely embraced on September 24th! Our focus was to include as many grade 9 and 10 classes as possible to help those students feel connected to our wonderful school.

We let the AAC members choose a portion of the Terry Fox Run that they felt they could lead in a significant way. Then students spent lunch hours working with other AAC members to coordinate all equipment required for the Terry Fox Run, learned how to effectively set up specific stations under COVID-19 protocols and hoped to increase school spirit and well-being by providing a positive community experience in an unprecedented time.

We would love to thank all the teachers, students, and administrators who participated in the Terry Fox Run to raise money for cancer research and for showing genuine Royals' spirit and nature!



**Above:** Members of The Ancaster Athletic Council (AAC) who took part in this year's annual Terry Fox Run. (Mr. Schurer/The Royal Gazette)

**HAMILTON**

## Terry Fox Run At Ancaster High

# A quick reminder of who Terry Fox is...

Terry Fox was a Canadian athlete and cancer research activist born in 1958. He was unfortunately diagnosed with osteogenic sarcoma (bone cancer) in his right leg in 1977 and had his leg amputated 15 cm above the knee, all at only 18 years old. Walking on an amputated leg was difficult enough, but when Terry Fox discovered that he was able to run, he set his mind to do the impossible in 1980: Run across Canada, east to west against the wind, by completing a 42 kilometre marathon each day in hopes of spreading awareness and raising money to find a cure for cancer.

He named his journey "The Marathon of Hope," hoping his dedication would inspire all Canadians. As his efforts started to gain more recognition, Canadians supported and donated towards this important cause. By February 1st, 1981, Terry's dream of raising \$1 per Canadian was realized: \$24.17 million was raised. He ran for 143 days straight, a total of 5,373 kilometres.

Despite the heroic act Terry vowed to complete, he was forced to stop running by the time he reached Thunder Bay, Ontario, on September 1st, 1980. He delivered the heartbreaking news that the cancer had spread into his lungs. "All I can say is that if there is any way I can get out there again and finish it, I will," he stated. Sadly, he passed away on June 28th, 1981, but he remains a Canadian



**Above:** Royals post who they are running for during this year's Terry Fox Run. (Mr. Schurer/The Royal Gazette)



**Above:** Terry Fox running his Marathon of Hope on the Trans-Canada Highway near North Bay, Ontario, in July 1980. (CP Photo/BORIS SPREMO)

hero to this day.

He managed to change history, since Canadians continue to support him and cancer research to this day by holding annual events in autumn. More than 650 communities participate and fundraise in Terry's name. We have a duty to maintain the vision and principles of Terry Fox while raising money for cancer research, with the goal that one day, no lives will be taken away by cancer.

**“There can be no reason for me to stop. No matter what pain I suffer, it is nothing compared to the pain of those who have cancer, of those who endure treatment.”**

### BY THE NUMBERS:

**1,300**

Number of Research Projects

**9,500**

Number of Events

**4M**

Number of Supporters

**\$850M**

Funds Raised to Date

**“I want to set an example that will never be forgotten.”**

**“Even if I don't finish, we need others to continue. It's got to keep going.”**

**— Terry Fox**

**For more information on how to help support cancer research or learn more about Terry Fox, visit: <https://terryfox.org>**





WORLD

# What You Need to Know: The Conflict in Afghanistan

Above: Taliban fighters pose for a photograph in Kabul, Afghanistan, on August 19, 2021. (AP Photo/Rahmat Gul)

By Rebecca Liu & Cailyn Cai  
Staff Writers & Designer

On August 30 at 3:29 p.m. ET, Major General Chris Donahue left Afghanistan as the last American soldier to withdraw after a brutal twenty-year war. Canada has flown 1,500 Afghans out of the country in three days and welcomed 40,000 refugees into the country. Taliban soldiers seized Mohammad Ashraf Ghani's presidential palace, millions of Afghans fled to Kabul International Airport where a suicide bomber claimed almost two hundred lives; a bloody ending to America's longest war. So how did we get here, and what will Afghanistan look like under Taliban rule?

Afghanistan has had a long history of foreign conquerors entering the country. It was finally united in the 1700s and became independent with a monarchy in 1926. In December of 1979, the Soviet Union invaded Afghanistan and implemented a communist government. This led to groups of opposing guerilla fighter groups named the 'mujahideen,' which led to a civil war with 1 million Afghan civilians and 15,000 Soviet soldier casualties. In 1988, the Geneva Accords were signed by both countries, and the Soviet Union withdrew from Afghanistan.

With the collapse of the Soviet Union in 1992, support for the communist government soon crumbled, and mujahideen leaders scrambled to gain power. Civil unrest spread across the country, and in 1994, an ultraconservative group known as the Taliban emerged. They captured the city of Kandahar and promised a regime with order and security. In May of 1996, the Taliban took over Kabul and subsequently the entirety of

Afghanistan. They quickly implemented their ideology derived from Sharia Islamic law and other cultural beliefs. They enforced strict laws that restricted women's rights. These included banning women from obtaining a job, an education, and the ability to leave the house without the accompaniment of a male figure. There were also bans on Western media and all cultural artifacts that did not align with their ideology were destroyed. Harsh punishments were given to those who disobeyed in the form of beatings, amputations, and public executions. Around the time that the Taliban seized control, Osama bin Laden arrived in Afghanistan and quickly grew close to the leader of the Taliban, Mullah Mohammad Omar.

In August of 1998, the US launched cruise missile strikes on Khost in retaliation for the attacks on the US embassy by al-Qaeda, the extremist group created by bin Laden. After the infamous 9/11 attacks, the US became irrevocably involved with Afghanistan. On October 7, 2001, Operation Enduring Freedom was created, targeting both the Taliban and al-Qaeda using military force. By the end of 2001, the Northern Alliance overthrew the Taliban with US support and established a democratic government with Hamid Karzai as the president.

Five years later, the Taliban reemerged and captured cities in the Southern region of Afghanistan. Barack Obama ordered a surge of troops to enter the country in what was titled as the 'US surge.' Later in 2013, formal peace talks between the Obama administration and the Taliban commenced. In a disputed election, Ashraf Ghani became the president after Karzai's reign of around twelve

years. During this time, heavy violence ensued as the Taliban continued to take over more territory. The peace talks continued between Afghan officials and the Taliban in Qatar, as they tried to seek solace amidst the chaos.

In 2020, the US and the Taliban signed a peace agreement in Qatar. Biden announced the withdrawal of all US troops by September 11, 2021. In Afghanistan however, the Taliban continued to seize control of several regions. Many Afghans tried to flee the chaos, but a suicide bombing took place on August 26, outside of Kabul's international airport. This killed roughly 200 Afghans attempting to flee and 13 US service members. The incident prompted a drone strike from the US that was intended to land on the suspected bombers but instead killed an innocent Afghan family. On August 30, the war officially ended as the last American planes left Afghanistan.

It is unclear how the events in Afghanistan will impact the future. While the Taliban say that they will create an inclusive government, there are growing fears over women's freedom as it is already very restricted. Many also think that the Taliban rule will be violent and oppressive. There are concerns that the country will become a training ground for terrorism, with more extremist groups like al-Qaeda being allowed to regenerate and grow. This will pose a threat to Western countries, and many are concerned about the security in Afghanistan. There is no way of predicting what the future holds. One can only hope that the government performs the necessary actions needed to bring a solution to the conflict and peace for all Afghans.

# External News

The biggest stories from outside the Ancaster community on a provincial, national and international scale.



EXTERNALS  
Gabby Petito  
pg 6



EXTERNALS

# Western Students Protest After Sexual Assault Claims

Above: Western University students marching in support of over thirty sexual assault survivors on campus. (The Globe and Mail)

By Faria Haque  
Staff Writer

Almost 9,000 students at Western University walked out of their classrooms to protest on what they called a "culture misogyny".

Gender-based and sexual violence refers to any act that targets someone's sexuality, gender identity, or gender expression. "This includes sexual assault, sexual harassment, domestic violence, stalking, indecent exposure, voyeurism, cyber harassment, and sexual exploitation," said Tamara Will who is the support case manager.

Western University is still investigating sexual assault reports that allegedly happened as orientation weekend was ending. Four students reported being sexually assaulted. None of the incidents were related to each other, but rumours were spreading through alleged sexual assault at the Medway Sydenham residence on campus. The university launched the investigation after it began to appear on social media platforms, specifically on TikTok.

Social media reported that 30 plus students have been assaulted and/or drugged at Western. At the time, the police said no one had come forward with these online allegations. One of the perpetrators was arrested.

In the past, Western University had reported sexual assault allegations that caused the death of first-year student Gabriel Neil, an 18-year-old who studied health sciences.

Many Western University students are feeling very unsafe on campus. Fourth year student Sarah Sequeira said, "As someone that works late on campus, too, I have made it a priority to try and make sure people are coming to pick me up or something. And these are just never really things that I had to think about before." She also stated that "At the same time, I think that there has been a pre-existing culture on campus of gender-based violence and things like that. And I'm glad that we're finally kind of addressing it. I just wish that we could have done more preventative things as opposed to reactive things, as I think the university is doing now."

Western University did admit to a cultural problem and announced a new action plan where it is required to now do a mandatory in-person class on sexual violence for all students living in residence. The university will hire 100 upper year undergraduates and graduates as safety ambassadors to help enhance security at night.

As the situation is now getting somewhat better, people are having mixed opinions about the university's safety changes. Some think it's going in the right direction, while others think

the university is not doing a great job with handling the situation.

As the situation is now getting somewhat better, people are having mixed opinions about the university's safety changes. Some think it's going in the right direction, while others think the university is not doing a great job with handling the situation.

Either way, students deserve to always feel safe on campus no matter where they are going, but at the moment, no Western University student feels safe. It will take a lot of time to gain back the trust of the students.

## BY THE NUMBERS:

- 71% Post-secondary students that have witnessed or experienced sexual violence.
- 1/10 Women at post-secondary institutions that have experienced sexual assaults
- 86% Men at post-secondary institutions that were assaulted by other students





EXTERNALS

# Students’ Thoughts on Canada’s Federal Election

**Above:** Alongside his wife and their children, Liberal Prime Minister Justin Trudeau celebrates federal election win in Montreal, Quebec, Canada. *(Carlos Osorio/Macleans)*

By Gavin Potts  
Staff Writer

On September 20th, 2021, Canada held its 44th federal election. As the leader of the Liberal Party, Justin Trudeau was elected for the third time as Prime Minister of Canada. Much the same as the previous election in 2019, Trudeau and the liberal party failed to secure a majority government, only winning 159 of the 338 seats, eleven seats short of a majority government. The rest of the 179 seats were divided up among the Conservatives (119 seats), Bloc Québécois (33 seats), NDP (25 seats), and the Green Party (with a measly 2 seats).

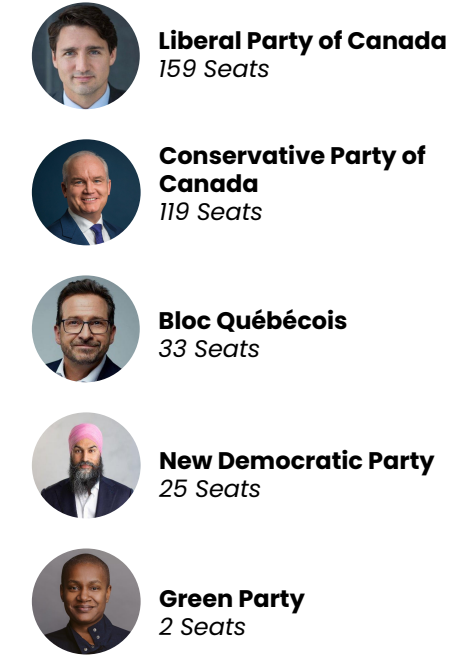
However, as with all political events, this election was not without its controversies. Many have criticized the irresponsible spending of \$600 million on an election only two years after the previous election, especially during a time of crisis with the COVID-19 pandemic. These thoughts are shared by some at Ancaster High too, such as Kyle Andres, who described the election as, “pointless,” along with saying, “it was a waste of money and basically the same result ... I saw no point in it besides Trudeau being greedy.”

These accusations are not without their merit, as the 2019 and 2021 election results almost mirror each other. The Liberals gained two seats, the Conservatives lost two, the Bloc Québécois gained one, the NDP lost one, and the Green Party lost one, proving practically no change between the elections.

Our riding was won by the Liberal Party once again, however what I really wanted to do with this article was see what the future holds by attempting to get the view of

students at Ancaster High. Interviews were conducted with various students around the school to get their on the election, along with a general consensus on who the students of Ancaster High would have voted for.

Through my interviews, I found that the majority of students were critical of Justin Trudeau's decision to call the election, and what many have called a waste of money. One student, who wishes to remain anonymous, stated, “I think that the government is in the exact same place as it was the last couple of years and that isn't a good thing. They've made no progress and we're back at square one.”



However, this election isn't the only thing that Justin Trudeau has been criticized for, as some even went as far as to call out his overall leadership. For example, Aws said, “I think that Trudeau is unfit to run this country.” In fact, only one person was quoted with positive things to say

about Trudeau himself. Munia Khondker defended him by saying, “he brings in an inclusive society.”

That's not to say that the Liberal Party is doomed in our riding, as some students have said that if the party were to have a change of leadership, then they would vote for them. Nonetheless, if Trudeau is to remain in power, as it appears he will be, then the Liberals may have an uphill battle in the future, with seemingly more and more people getting increasingly frustrated with the irresponsible spending and overall standstill under a Liberal government.

Of course, this is only based on one school, but it is nonetheless still information that could be taken into consideration when talking about the future of federal leadership in Canada. Something important to consider is who will win this riding once this generation is of age to vote. Through my interviews, I found that roughly 43% of people interviewed would vote for Conservative, 36% of votes would go to NDP, 7% would go to the Liberals, and 14% would either need more information before making a decision or wouldn't vote.

If these figures are to be extrapolated to the rest of the riding, then it forecasts a grim future for Justin Trudeau and the Liberal Party. Regardless of where the votes would go, as it is decently close between the NDP and Conservative Party, there seems to be one thing in common between the majority of students; a dislike and distrust of Justin Trudeau, regardless of whether or not the Liberal Party would be their party of choice. Of course, this could change at any moment with the ever-changing nature of politics, but for now, it seems that Justin Trudeau could be in trouble, at least in the eyes of the students at Ancaster High.



EXTERNALS

# Gabby Petito, One of Many Victims of Partner Violence

**Above:** Memorial for Gabby Petito in Blue Point, Long Island. *(ABC7 News)*

By Raya Ahmad  
Staff Writer

Have you ever fathomed the idea of coming home to the lack of a loved one? Or how quickly one's whole life can change in a mere matter of seconds? Missing persons cases are, in fact, not rare, and hundreds of missing persons cases are currently on-going. Just like Dustin McMillan--a man from Edmonton who's been missing since 2010--or Nicole Morin--a young girl who's been missing since 1985. Along with these names, there are hundreds more that follow; they are names that have never been uttered on the local news or radio, but one certain case has seemed to catch the entire nation's eye. Gabby Petito's overly-sketchy and mysterious case has gone absolutely viral online, becoming a whole nation's search, while simultaneously catching the attention of one of the biggest American news stations, CNN.

On September 11th, 2021, parents of 22 year-old Gabby Petito reported to police that they had been unable to contact their daughter while she was on a cross-country trip with her 23 year-old fiance, Brian Laundrie. On September 1st, Laundrie had returned to the couple's home in North Port without Gabby, immediately raising her family's worry tenfold. Gabby had maintained constant contact with her parents during her trip, which suddenly stopped on August 30th, when the family was unable to contact her. From August 24th-27th, Petito had exchanged numerous texts and FaceTime calls with her mother, her final text being “no service in Yosemite.” While police and the FBI were on the lookout for Petito, many had commented that they had seen the couple while on their trip. The two had an encounter with Utah Police, witnessed having a physical fight following an argument. They both later admitted that they did not want any charges to be laid. The last place the two were assumed to be was in Grand

Teton National Park, Wyoming, where Petito was last in contact with her mother. A woman had also said that she and her boyfriend gave a ride to Laundrie, and he admitted to being alone on his camping trip. Of course, this raises even more suspicion ... Why did Laundrie say he was alone? Where was Petito during this period of time? Did Laundrie have any part in the case of Gabby Petito?

After Laundrie returned alone from Wyoming, he and his family both refused to talk to authorities. On September 14th, Laundrie's parents had called the police, unable to find him; then, the search for him had begun. Along with the search for Laundrie, the police also found human remains on September 19th in Wyoming. It was later confirmed that the remains were in fact Gabby Petito's; after an autopsy was conducted, the cause of death was said to be homicide. Laundrie's whereabouts remain unknown, and the FBI claimed him as an “important witness,” most likely being the last to have seen Gabby alive. Then, active debit card history was found, indicating it was being used by Laundrie. Laundrie remained “on the run” and with the debit card charges as evidence, he could be legally arrested. Now, the frightful and mysterious case has caught the interest of the public, the speculated thoughts of people arising. An anonymous Ancaster High student said, “there are a lot of missing pieces, and only when Brian says something [will we] find the last piece to this puzzle.”

Amongst other things, many have thought about one certain question in particular...What has made this case so special to get the attention of so many people? Not that people did not want Gabby Petito to be found, but one must wonder why no other missing person case has sparked so much worry around the entire nation. Gabby's case has prompted the discussion of racial issues, making

“Skin colour or cultural beliefs should have no say in whether or not a person should be found or not, everyone deserves to be found.”

Anonymous Student,  
Ancaster High

people think about why the case has been put on such a high pedestal in comparison to other missing person cases that have been broadcasted on CNN. One person pointed out that there are hundreds of names under Petito's on the FBI's website that haven't even been mentioned. Many think that the only reason this case has gotten so much attention is because Petito is a white, blonde woman. One person tweeted, “there's so many black and brown little girls missing, but when a little white girl vanishes, it's a nationwide search and hits CNN.” Despite the controversy, people wished the best for Petito, only hoping that other missing people's cases concerning those of colour would receive the same recognition.

It goes without saying that every missing person case matters equally, and Gabby Petito's case has brought that realization to light. With Brian Laundrie's whereabouts still unknown, there is no saying where this case will lead to. This case has brought so much attention to itself and has made us all aware that every missing person's case should be treated the same.

Every life matters, and as another anonymous Ancaster High student said, “this case was treated amazingly, in the best way possible, but I think that more effort should be taken into consideration when looking for someone who's gone missing...everyone matters, and no case should be either too big or too small. Skin colour or cultural beliefs should have no say in whether or not a person should be found or not, everyone deserves to be found.”





EXTERNALS

# Truth and Reconciliation Day: Canada's Unending Dark Chapter

**Above:** Thousands gathered in downtown Winnipeg to march on the National Day for Truth And Reconciliation (Winnipeg Free Press)

By Zainab Ibraheem  
Staff Writer

This September 30th, Canada appointed its first national Truth and Reconciliation day. The day serves the purpose of commemorating residential school survivors and recognizing the ongoing struggle of Indigenous peoples' in their fight against dismantling generational trauma that has been rooted in the residential school system.

This day comes in light of the tragic discovery of unmarked graves across three Canadian provinces over the past year. 1148 unmarked graves, to be specific. This is in addition to the presumed 6000 who have died at the hands of the residential school system in Canada. 1148 more Indigenous children who unnecessarily lost their lives between the tender ages of 3-16. It is a reminder that although this dark chapter in Canada's history is believed to have ended, the proceeding pages in our history remain stained with the neglect and loss of Indigenous lives. Our history as a nation will continue to be written in this fashion until the Canadian government appropriately addresses Indigenous needs and issues.

With this in mind, the focus of this article will be what is coined the "dark chapter" in Canada's history, and the presently everlasting effects on the Indigenous population.

**"It is a reminder that although this dark chapter in Canada's history is believed to have ended, the proceeding pages in our history remain stained with the neglect and loss of Indigenous lives."**

In the late 19th century, settlers had newly arrived in Canada where the First Nations had already been living, and the two clashed due to the First Nations' resistance to the settlers' presence. Settlers arranged for treaties to be signed with the First Nations to avoid further conflict. These treaties, although disguised as advantageous, bore little benefit to the First Nations and allowed for most of their land to be taken away. Soon after, the Indian Act was passed. This permitted the government to have complete autonomy over First Nations on reserves. They were stripped of the right to vote, the right to move freely, and the right to practice their culture. This marked the beginning of the forceful assimilation of Indigenous peoples into Canadian society.

In the 1920s, residential schools were made mandatory for all First Nations between the ages of 7 to 15. The goal was openly disclosed; to assimilate the native population and ultimately "kill the Indian in the child." First Nations children were separated from their families, supposedly for the greater good, yet many faced horrid conditions and ill-treatment in residential schools. Children were physically, mentally, and sexually abused, and they were not allowed to speak their native languages or practice native spirituality. Diseases were rampant and malnourishment was frequent. When some of the children finally returned home years later, they felt disconnected and had lost touch with their language, culture, and identity. Consequently, the number of status Indians declined, and social and health issues became prevalent among the Indigenous community.

This brings us to the present, where intergenerational trauma has led to physical, mental, and spiritual

**"Every human being has the right to live freely without discrimination and the threat of genocide, the right to be secure in their culture and identity, the right to their land, and the right to adequate housing and access to essential resources."**

issues for the Indigenous population. This includes substance abuse, poorer health, criminal activity, and unstable family structures. Other prevalent issues include the lack of clean water and secure infrastructure on reserves, a lack of education tailored to Indigenous peoples, and the abundant social issues among the Indigenous community, many of which stem from intergenerational trauma. Canada has yet to address this or present solutions. Recognition of wrongs is the first step, but action must be the next. The 94 Calls to Action are still waiting to be delivered.

After enduring abominable exploitation and oppression throughout history, First Nations are owed stability and healing. Without appropriate support in place from the government, this will not be possible. Every human being has the right to live freely without discrimination and the threat of genocide, the right to be secure in their culture and identity, the right to their land, and the right to adequate housing and access to essential resources. Canada must acknowledge this fact and deliver the necessary services and resources to the Indigenous population. On September 30th, we must remember that until this happens, we have yet to make sufficient progress to move past the "dark chapter" of Canada's history.



EXTERNALS

# Vaccine Passports: Keep or Pass?

**Above:** A fast-food restaurant displaying information required for entry. (Evan Mitsui/CBC)

By Amy Kim  
Staff Writer

As of October 12th, the COVID-19 virus has infected 239,173,962 people globally according to worldometers.info. The reported global death toll stands at 4,875,861. While all of the countries in the world have gotten together to fight this global pandemic, Ontario has taken the next step to putting an end to this pandemic. On September 22nd, 2021, Ontario's COVID-19 vaccine passport system came into effect, with many objections and controversies.

The vaccine passport system requires people to provide proof of vaccination to access non-essential businesses and settings, such as restaurant/bars, night clubs, meetings & event places, banquet halls, gyms, sporting events, casinos, bingo halls, concerts, music festivals, theatres, and cinemas. The requirements do not apply to outdoor settings where the risk of transmission is lower. This includes settings such as outdoor patios and outdoor gatherings. Proof of vaccination isn't needed to access essential businesses such as grocery stores, doctors office/medical appointments, and pharmacies.

As children under 12 years old are not eligible for vaccination yet in Ontario, they are unaffected by Ontario's vaccine passport system. However, anyone aged 12 and up that is not fully vaccinated are required to provide a written document from a physician or a nurse practitioner on official letterhead stating that there is a medical reason to be exempt from the vaccine passport system. Public health doctors have stated that medical exemptions are unlikely and are generally limited to having a life-threatening allergy to an

ingredient in the vaccine, or having had an adverse reaction to a first dose.

The decision to implement these measures was based on the advice of the Chief Medical Officer of Health, to encourage others to get vaccinated and drive up vaccination rates, ultimately preventing another lockdown and another wave in cases.

"We are already seeing a rise in the number of cases of COVID-19 as we head into the fall," said Dr. Kieran Moore, Chief Medical Officer of Health. "As we enter the last mile push to increase vaccination rates, the introduction of a vaccine certificate is an important step to give people the tools to limit further spread of the virus so that we can ensure the safety of all Ontarians while keeping the province open and operational."

Premier Doug Ford also encouraged Ontarians to get vaccinated. "Based on the latest evidence and best advice, COVID-19 vaccine certificates give us the best chance to slow the spread of this virus while helping us to avoid further lockdowns. If you haven't received your first or second dose of the COVID-19 vaccine, please do so today."

There is a lot of resistance to the government from some Ontarians. There are many reasons why people are against the vaccine passport, some more reasonable than others. The opposers of the vaccine passport system have been addressing fact that vaccination does not equal immunity, and there are concerns of discrimination, privacy issues, and more.

Many people do not trust the vaccine, as it is still relatively new and they believe there is a possibility of long term side effects that are not yet

known. There are also theories about how the vaccine contains microchips in it.

While some refuse to get vaccinations by choice, others don't have a choice of being vaccinated. Some religions prohibit vaccination and there are some people with pre-existing health issues or disabilities that prevent them from being vaccinated. Even if an individual is "medically exempt" from the vaccine passport system, this categorization may affect the way they are treated.

Mobility is also an issue, as provinces/territories are implementing their own provincial/territorial systems of the vaccine passports. This has resulted in Canadians encountering unprecedented difficulties while moving around within Canada.

Allowing private systems to collect and use personal health information about us could be invasive and concerning. Furthermore, digital passports will raise additional issues of technical privacy, security, and access.

Some may also perceive connecting the ability to participate in public life with a "form of surveillance" as a decline of the level of freedom we normally expect in our society.

There are endless issues and problems concerning the vaccine passports, and vaccine passports have long been a debatable topic. However, this is a very complicated issue that we, as a society, are facing. The vaccine passports will encourage people to get fully vaccinated, which will help prevent endangering the older and younger generations and will allow us to safely lift restrictions on indoor gatherings, ultimately bringing this pandemic to an end.





**Above:** Members of the Seattle Kraken from left to right: Jordan Eberle, Chris Driedger, Brandon Tanev, Jamie Oleksiak, Haydn Fleury, and Mark Giordano. *(Ted S Warren/AP/Shutterstock)*

By Joely Stockl  
Staff Writer

Hockey season is finally on the horizon once again, and this year there is a new addition to the National Hockey League (NHL); the Seattle Kraken. The newly added expansion team is set to hit the ice for their first full season in the NHL with highly known players such as Mark Giordano, Jordan Eberle, and Philip Grubauer. With 6 pre-season games under their belts, the Kraken players have gotten a chance to play with one another before the season begins. Seattle will play in the Pacific Division this upcoming season, which is considered one of the weakest divisions in the entire NHL. Will Seattle go as far as to make the playoffs in their inaugural season in a weak division? Or will they sink to the bottom of the standings? Only time will tell, but nonetheless, hockey is back!

This season is set to be the most "normal" season that the NHL has seen since 2019, before the pandemic began. This will be an 82 game season with the 4 original divisions; Atlantic, Metropolitan, Pacific, and Central. After last season with different divisions, such as an all Canadian team division, this season will look a lot

different. Teams are finally able to cross the border as long as all players are vaccinated, and all teams are now able to play each other this season.

This offseason was an entertaining one to say the least. Some acquisitions include Darcy Kuemper being traded to Colorado, Ryan Ellis traded to Philadelphia, Zach Hyman signing with Edmonton, and likely the biggest acquisition of all, Dougie Hamilton being signed by the New Jersey Devils. The abundance of trades and signings that occurred this offseason makes an intriguing start to the 2021-22 season, and makes watching hockey even more worthwhile. Fans are finally allowed back into arenas after the large accommodation restrictions of last season. Having fans this season will make each play and each game even more exciting to watch as you feel the energy from the audience through the TV screen.

#### Important Dates

The NHL regular season begins on October the 12th, where the Seattle Kraken will play the Vegas Golden Knights in their first official game. That night the Penguins will also play the previous Stanley Cup Champions; the Tampa Bay Lightning.

The first game for the Toronto Maple Leafs will be played against none other than their division rivals; the Montreal Canadiens. The Winter Classic will also take place this year in Minneapolis on January 1st 2022, where the St. Louis Blues and the Minnesota Wild will play. The All-Star Game will finally take place again on February 5th in Las Vegas at T-Mobile Arena. The Trade Deadline will be on March 21st 2022, where players will no longer be able to be traded or signed by teams. The Stanley Cup playoffs are set to begin May 2nd 2022 as they typically do, with a 4 round, best of 7 bracket. The 2022 NHL Entry Draft is set in Montreal on July 7th-8th, with Free Agency beginning soon after on July 13th. Another important headline of this season is that NHL players are set to head back to the Winter Olympics for the first time since 2014. This will be another exciting event for fans of the game, as they will get to see the best of the best play for their hometown countries in an international tournament.

With the Seattle Kraken playing in their inaugural season, the NHL player-attended Olympics, the All Star Game on the horizon, and fans being allowed back into the stands, it sounds like this NHL season will be something extremely thrilling for the entire hockey community.

# Internal News

News on what matters immediately to you, from **Ancaster High School, Hamilton, and the GTA.**

**Below:** Mrs. Fletcher, head of Student Success. *(Ariana Jacome/The Royal Gazette)*

By Munia Khondker & Lily McSevney  
Staff Writers & Editors

This October, *The Royal Gazette* is interviewing one of Ancaster High's remarkable Student Success teachers! Mrs. Fletcher is someone you can reach out to when you are happy or stressed and need a plan to improve your academics and overall well-being. Mrs. Fletcher creates an inclusive environment in the school community by bringing her positive attitude to school every day. She is a staff advisor for the Healthy Action Team (HAT) and one of the staff advisors for Student Ambassadors. She has previously been linked with numerous other extracurriculars such as positive space and the diversity club. In this interview, we cover everything from getting involved outside of the classroom to mental health support.

**Q: What is Student Success all about and how can students access it?**

**A:** Student Success (SS) is a student re-engagement service that offers academic and wellness support. We advocate for student voice and create fun, community-building activities and events for students. SS works with senior student leaders to co-create transition activities so grade 9s feel safe, supported, and connected to their new high school. SS is all about students and servicing their individual needs. We also empower staff and contribute to the development of positive and inclusive school culture. I think it's the best gig in the building!

**Q: How has the new quadmester model affected students' mental health?**

**A:** I think students can best answer this question but we have seen an increase in need for wellness support. The pandemic affected us in different ways - some of which we're still processing. Some students may be experiencing heightened levels of anxiety and stress. Students have talked about feeling unmotivated and a bit unsure about how to get back into the swing of things. Others discuss feeling overwhelmed with the return. Many students, on the other hand, are sharing feelings of excitement and positivity. They're excited about the return of co-curricular activities, arts, and athletics. There's this tangible enthusiastic vibe in the school. Our clubs and teams are experiencing unprecedented turnouts. We're applauding the incredible student leadership that is emerging. It's inspiring for sure.

**Q: How is it affecting teachers' mental health?**



**A:** This is tricky to answer because I think the staff are experiencing school in different ways right now. It's not exactly equitable. Teachers without a quad one prep are likely pretty tired. Imagine doing two 150 minute presentations a day! As educators we often need to be 'on' and the 'performance' can be exhausting. But staff also love being back in the classroom with kids and we're loving the energy and enthusiasm of our students. For some, it's the students who are sustaining the teacher! But it's a time where all of us need to listen and be mindful of our wellness. No one needs to be perfect right now. I think trying your best is a big win right now!

**Q: What extracurriculars do you hold and how do you manage your time wisely?**

**A:** Student Success is involved with many school-wide events so I enjoy getting involved with as many activities as I can. I'm one of the staff advisors for the Healthy Action Team and Student Ambassadors. I used to do Positive Space, produce the school musicals and advise the Diversity Club, but I had to step away. Managing time is an important part of wellness. We don't do ourselves any favours by overstretching and burnout is real. I am a high-energy person who loves to be active. I enjoy having a lot on the go. But I also need to balance that with time alone. I start to implode without 'me' time.

**Q: What do you recommend students do if they are struggling to keep up with school?**

**A:** The single most important thing to do is to acknowledge that you're struggling (which is brave and not always easy) and to seek support. We have so many caring adults in this building - people who want to help you. Reach out to them. Sometimes students think they're the only ones struggling and that their problems are insurmountable, but this isn't true. There are ways we can improve our lives, overcome barriers, connect with

others - we can create our narratives. We are the writers of our lives. We have power. Teenagers have incredible power. They may just not always be able to see it. Sometimes it's about making small lifestyle changes to bring about big change. But no one really teaches us how to manage our time, how to prioritize, how to navigate academically. So if you're struggling with this, you can know that you're not alone and that there are people who can help. Guidance, Learning Resource, Student Success are all here. But the best person to reach out to is the classroom teacher. They are the experts in their field and often they want to help. Kids worry about bothering their teachers but we LOVE it when students seek help. We love to help and teach. That's why we picked this profession!

**Q: What advice do you give new grade 9's at our school and the graduating class of 2022?**

**A:** Get involved outside of the classroom. THAT is the stuff you'll remember most. Focus on building healthy relationships, exploring your passions and try not to fear failure. Great things arise from our so-called failures. That's often where rich, lifelong learning resides. Don't make it about marks or grades - make it about learning, about self-improvement, about being weird and curious! And as hard as it is, listen to what YOU want and trust yourself. Oh, and put away your phones. Look around you! Be present! Talk to real humans!

**Q: What is your favourite thing about being the student success teacher at Ancaster High?**

**A:** My favourite part of every day is you. The students. I laugh and cry with you. I am inspired by you. I fight for you. I am so honoured when you share your personal stories and struggles with me. I applaud your successes. For some of you, life has not always been kind. I am amazed by your strength. Teenagers are infinitely cool and I LOVE my 'job'. I'm in room 1014. I'd love to connect. Drop by!



# KEEPING UP WITH OUR SPORTS TEAMS

By Joely Stockl  
Staff Writer



With more of a normal start to the 2021-2022 school year, school sports have finally returned at Ancaster High. Fall sports are in full swing, including Cross Country, Girls Touch Football, Girls Field Hockey, and a team we have not had in years, Senior Boys Football. Ancaster High's new turf field has been a great addition for teams to have a proper practicing facility. Some days after school, the new field has had two or three school teams practicing on it at once! It is safe to say that the students value the turf field and it has made it easier for teams to practice real game situations. A few sports games have been played at Ancaster High thus far, but with no fans allowed, we are sadly unable to attend and watch. So let's get an update on how some of our Royals are performing on the new turf field!

## Senior Boys Football

With this being Ancaster's first Senior Boys Football team in several years, there is expected to be a lack of experience within the players. Ancaster High is lucky enough to have a former Canadian Football League (CFL) player as the team's head coach, Mr. Dunbrack. In his time in the CFL, Mr. Dunbrack played for the Hamilton Tiger Cats as well as the Toronto Argonauts. Mr. Dunbrack is sure to bring this team a lot of experience and knowledge, which will surely help our newly formed team succeed. In addition, Ancaster High has illustrated their immense devotion to the new team by ordering them brand new jerseys for the upcoming season. The team has been practicing every weekday after school on the new turf, so it is safe to say that they are a committed group of players and they are more than ready to hit the field. The boys are thrilled that Ancaster finally has an official football team and a beautiful new field that they can play and practice on, and hopefully they will soon be able to play games in front of an audience. As of this article's writing, the Senior Boys have played one exhibition game thus far, in which they lost to the team from Sir Allan MacNab Secondary School. After the game, linebacker Brady Hargreaves stated, "The team gets better each and every practice, and for a group of inexperienced players, we are learning at a very fast pace. Our scrimmage against MacNab just gave us a taste of what is to come this season." There is a lot to be excited about with this team; not only is it the first chance for these senior boys to play school football, but the players and coaches are working incredibly hard to build a winning team. The team's first regular season game is scheduled for Thursday October 7th against Dundas Valley High School.

"We have come a long way as a group and I think we will be game ready come Thursday" says Brady.

## Girls Varsity Touch Football

The Girls Varsity Touch Football team is coming off 3 consecutive city championship wins heading into the 2021 tournament, and they are looking to make it 4. The team began practicing on our new turf almost immediately after school began on September 8th with coaches Ms. Rotskas and Ms. Provost. The team practiced hard for several weeks before the single day tournament that took place on Wednesday September 29th. This would be an event that would highlight the athletics at Ancaster High. This tournament included 4 guaranteed round robin games before standings were determined for the semi-finals. Through the first 4 games, Ancaster High played MacNab, Westmount, Waterdown, and Westdale. The Royals won all 4 games by scores of 19-0, 13-0, 6-0, and 12-0 respectively. Ancaster High advanced to the semi final game against Dundas Valley High School, in which they took their biggest win by a score of 24-0. Now only one win away from winning 4 straight championships, Ancaster had only Orchard Park standing in their way. In a tight and hard fought game, Ancaster took a narrow 1-0 win against Orchard Park in the final game. In reflection of the win, senior player Kennedy Sartor said, "I am insanely proud of our whole team, we are the first team in HWDSB history to 4-peat and I am happy we were able to play through our injuries and mishaps to win the tournament." With the team not giving up a single touch down throughout the entirety of the tournament, our Royals have the confidence to make it a 5-peat again in next year's tournament!

## Girls Varsity Field Hockey

Field Hockey has started up once again at Ancaster High, and after a successful season in 2019, the girls are looking to take it one step further this year. Coached by Ms. Kay, the team has been practicing consistently on the school's new turf as well. In a 3 team division, Ancaster will be playing Westdale and Waterdown High School 3 times each before playoffs begin against teams from the opposite division. Ancaster's Field Hockey team has played 2 games thus far, with the first one being played against Westdale. Ancaster found an abundance of success in their season opener on home turf, not allowing a single shot on goal during the game. With Rebecca Scobie scoring all 4 goals, the Royals had won their first game of the fall season. Their second game was played on September 30th against Waterdown, again located at Ancaster's field. Once again, Ancaster had no problem taking the win, 8-0 being the final score. Girls Field Hockey is off to a great start to the season, and time will tell if they can keep their momentum going!



# Views & Voices

The *Gazette's* staff weigh in on what they believe matters with **essays, opinions, reviews and advice.**



**VOICES**  
**TV Show Review: Link Click**  
pg 16



**VOICES**

## Student Insider: How to Become a Quad-Master

**Above:** Students study at their desks with COVID-19 safety measures in place. (izusek/Getty Images)

By Dea Meadows  
**Staff Writer**

The last 3 years have been incredibly difficult for students across Ontario. Forced to adapt and keep up with the rate of change, feelings of hopelessness and exhaustion run high. This school year is arguably the most different from those past with the new quadmaster model. The model was originally implemented to allow students to return to in-person learning while reducing the risk of spreading COVID-19. It allows students to be able to interact with friends again, join clubs, and sports teams while following COVID-19 health guidelines. However, students and parents seem to have mixed opinions about the modified semesters. While some love it, listing reasons such as that it better prepares you for the long university/college classes or that it's easier to focus on two classes at a time, others despise the model. Many feel that the long classes are "excruciating" and find the fast paced curriculum "draining." Love or hate them, HWDSB students are stuck with this quadmaster model until at least the end of semester one. The province has directed all school boards to use quadmasters. A letter stated that it is "for at least the first semester," but, "However, we could reassess after half the year." For those who want quadmasters gone, this may be your glimmer of hope for the future, but as of now, students and teachers must push through the new modified semesters. Below are five compiled tips, supported by science, that may help you through this troublesome year.

### Organize School Around Your Life

What if I told you there is such a thing as too much studying? In psychology,

there is a term for this, called desensitization, which states that repeatedly doing the same thing or consuming the same content receives a weaker response from our brain. This means that if all you do is study, it will eventually decrease your productivity and cognitive function. Essentially, the brain becomes numb to studying. There is a book called *Living Forward* by Michael Ryan that is dedicated to exploring the importance of balance. He concludes that we have three 'life accounts,' similar to a bank account, that we invest our time in. The life accounts are being, relating, and doing, where being refers to your spiritual and physical wellbeing, relating refers to our relationships, and doing, which refers to our work, hobbies and career. Dr. Ryan's conclusion was that in order to maintain long lasting productivity, we must invest an equal amount of time into each account, otherwise we will face burn out. So make sure you maintain balance in your life and do not neglect or sacrifice other aspects of life because of school.

### Switch Up the Setting

The concept of desensitization from above applies here as well. When you study in the same place every day, you gradually become more desensitized to it, and the studying you do receives a weaker response from your brain. Cognitive scientists are finding that varying your environment while learning can help you retain knowledge.

### Listening to Classical Music

Stanford University's School of Medicine did a study in 2007 which showed that classical music actually helped people's brains absorb and interpret new information more easily than those who did not listen to any music or listened to other genres of music. Various scientific studies since

then have continued to confirm this.

### Do Not Neglect Physical Health

It is very easy for students to neglect things like healthy eating or exercise during the school year because of stress and burnout from a work overload. However, science shows that neglecting those activities decreases your cognitive function and focus, which leads to lower quality of work and more stress. Mental and physical wellbeing go hand-in-hand. Tests show that regular physical exercise decreases a child's likelihood of having to deal with depression and/or anxiety. Poor mental health directly impacts academic importance, which is why physical and mental health is so important.

### Fixed Mindset vs Growth Mindset

Carol Dweck wrote a book called *Mindset: The New Psychology of Success*. In this book, she grouped people who she identified having either a fixed mindset or a growth mindset. A person with a fixed mindset is someone who believes their abilities and talents are fixed at birth and "They spend their time documenting their intelligence or talent instead of developing them," she writes. "They also believe that talent alone creates success—without effort," as stated in her book. On the other hand, a person with a growth mindset believes their abilities and talents are always achieved through hard work, good strategies, and input from others. Ultimately, her findings were that a person's mindset plays a huge role in their success and overall happiness. Those in a growth mindset were constantly taking themselves to the next level, leaving those with a fixed mindset in the dust. Thankfully, our mindset is something we all have control over. A change of mindset can quite literally alter your life.



**VOICES**

## Shang-Chi and The Legend of the Ten Rings Is Worth The Hype

**Above:** Shang-Chi starring Simu Liu, Marvel's newest avenger. (Shang-Chi/Youtube)

By Aisha Mahmoud  
**Staff Writer & Designer**

Marvel's newest Avenger has finally arrived on the scene in a big way. The long-awaited *Shang-Chi and the Legend of the Ten Rings* shattered Labour Day weekend box office records. By its third weekend, the film had made an estimated

\$175 million in domestic total earnings. Canadian actor Simu Liu plays the title role of Shang-Chi, and the movie features a star-studded supporting cast with performances from Awkwafina, Tony Leung, and Michelle Yeoh.

In the world of superhero blockbusters, it's difficult to nail the first movie; the origin story. However, *Shang-Chi and the Legend of the Ten Rings* elegantly balances heavy worldbuilding, exposition, and character development in a way that allows the storytelling to shine through. The movie does fall trap to some common Marvel Cinematic Universe (MCU) movie tropes, such as quippy humour, but manages to avoid some of the biggest downfalls we've seen in other Marvel projects, such as poorly defined villains and a weak third act. It definitely feels like an MCU movie, with the charm, emotion, and action fans across the world have come to love, but in many ways it's unlike anything we've seen before.

The film follows the story of Shaun, or rather Shang-Chi, a valet driver living in San Francisco with best friend Katy, played by Awkwafina. Although Shang-Chi's been running away from his past with the terrorist organization, the Ten Rings, and his complicated his father, Wenwu, the past finally caught up with him. He must

come to terms with his identity to stand a chance of defeating the monster trapped in the mountains of Ta-Lo. It's a beautiful story of power, identity, and family.

It's a beautiful story of power, identity, and family. The film's mid-credit scene provides a sneak peek into the future of Shang-Chi as a part of the new generation of Avengers and how this story arc will intertwine with the larger MCU narrative, while the open-ended post-credit scene is up for interpretation about Shang-Chi's morally grey sister, Xialing.

When it comes to the technical aspects, *Shang-Chi and the Legend of the Ten Rings* passes with flying colours. It's one of the most visually stunning superhero movies yet. Every setting is distinct and an absolute treat for the eyes, from the bright lights and grimy walls of Xialing's underground fight club, to the serene forest of Ta-Lo. The movie's soundtrack is outstanding. Every scene is instantly elevated by the music. The soundtrack combines traditional Chinese instrumentation with modern styles such as pop and rap to add another layer of depth to the themes of identity and culture manifested within the story. But by far, the star of the show is *Shang-Chi and the Legend of the Ten Rings'* outstanding action.

He must come to terms with his identity to stand a chance of defeating the monster trapped in the mountains of Ta-Lo. It's a beautiful story of power, identity, and family. The hand-to-hand combat is The film's mid-credit scene provides a sneak peek into the future of Shang-Chi as a part of the new generation of Avengers and how this story arc will intertwine with the larger

MCU narrative, while the open-ended post-credit scene is up for interpretation about Shang-Chi's morally grey sister, Xialing.

The hand-to-hand combat is incredibly choreographed. Director Destin Daniel Cretton has spoken about how the action draws inspiration from the Chinese wuxia genre, a popular genre of Chinese fiction that follows the adventures of martial artists. Every fight scene in the film serves a clear narrative purpose and is filled with story and emotion, most notably Wenwu and Li's sensual fight in Ta-Lo.

Perhaps the most important aspect of this movie though is not what viewers see on screen, but rather the cultural impact it has on audiences. Similarly to Marvel's *Black Panther*, *Shang-Chi and the Legend of the Ten Rings* provides long awaited cultural representation. East Asian representation in Hollywood is often problematic and riddled with harmful stereotypes, but *Shang-Chi* provides a more down to earth, realistic portrayal of the different aspects of Asian American life, such as cultural values and family dynamics. It's not perfect, but it's certainly a step in the right direction.

*Shang-Chi and the Legend of the Ten Rings* is a stellar superhero story that packs beautiful visuals, exciting action, and emotional storytelling into a movie that anyone can enjoy. With themes of political tension, complicated family relationships, and coming to terms with your own past and identity, it's an excellent origin story for Marvel's martial artist, Shang-Chi.






**NEW YORK TIMES BESTSELLER**  
Royal Review: 3.8/5



**NEW ADULT, LGBTQ+,  
SCIENCE FICTION,  
ROMANCE, COMEDY**



**Above:** The main characters, August and Jane, meet on the Subway. While instantly charmed by Jane, August soon discovers a problem. *(Amazon/Casey McQuiston)*

 **Selina Hazin**  
**Staff Writer**

**One Last Stop is a uniquely trite** rom-com story with a cleverly attached Sci-fi spin. With amazing and genuine LGBTQ representation, it's easily any queer reader's dream book. There was also an excellent depiction of the '70s. I'm glad there wasn't an emphasis on romanticizing the time, but instead a realistic look on how queer people navigated through life, interacted and were really treated.

While the writing included both an amalgamation of passive and active voice writing, the story was as tedious as it was interesting, and definitely didn't need to run so long. I couldn't get a sense of desire to read this book (like the bittersweet feeling when you aim to quickly read a single chapter before bed but end up staying awake way too late and reading seven), and eventually the only reason I even finished the story was the obligation that I had to review it.

Not every story has to be a fable; we don't always need to learn a lesson from books—some are simply there to entertain us, and that's okay. One Last Stop didn't have a lesson or a moral purpose (it was just a great adventure), but it kept trying to. With

its lengthy, monotonous and often very repetitive (and not in the good way) passages, it seemed like there was a lesson unfurling, but it plainly didn't go anywhere. The only arguable trace of a lesson was the whole 'it's okay to not know who you are, or still be figuring it out' trope that isn't exactly a revelation, and has been told and retold for decades, especially when revolving around stories about people in their twenties.

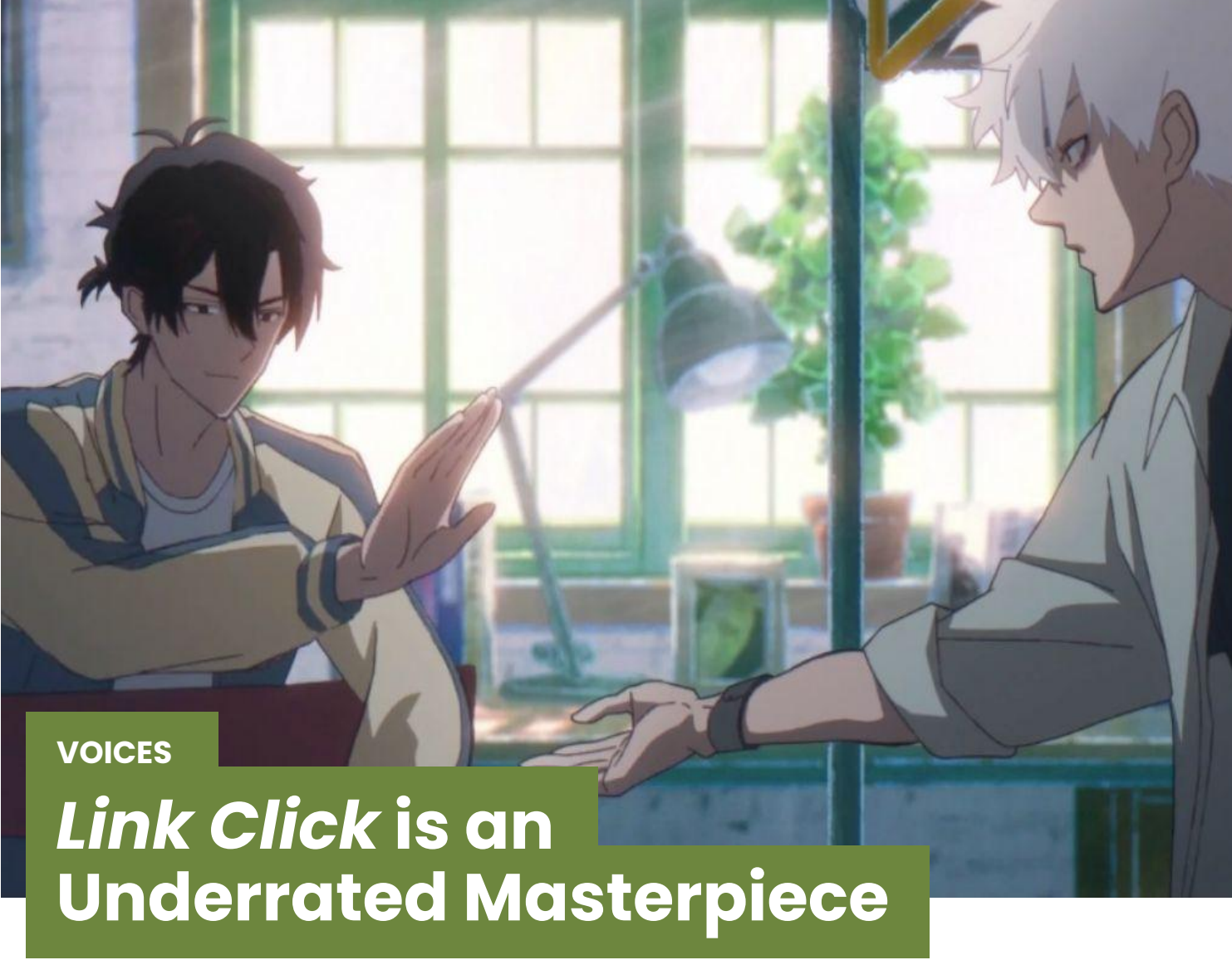
On a more positive note, One Last Stop has one of the most optimum cast of characters I've ever read. It was greatly appealing to read about August, her roommates, coworkers and the people she met become this big close-knit family, especially when she was first portrayed as lonely and antisocial. Individually and together, the cast of characters fantastically complement one another and you'll certainly fall in love with everyone. Every character is unique and enticing and makes a harmonious contribution to what makes One Last Stop a good book.

Finally, the plot; One Last Stop's venerable rom-com-sci-fi-supernatural scenario that will immediately captivate its reader. Honestly, the main romance didn't exactly interest me-- it felt like too much telling and not enough


showing. The side romances, though, were adorable and sparked much more interest. I'm immediately compelled by anything enigmatically mystical and paranormal, and the sci-fi component of why Jane was stuck on the train, and how they could get her off was by far the chief storyline that managed to astound me everytime a breakthrough was made; there wasn't a trace of predictability and I was entirely pleased with how admirable the execution was written.

Now, would I recommend this book? Well, that definitively depends on a reader's preferences. But if you enjoy long, opposites-attract, descriptive, happy ending stories, with just the perfect amount of a supernatural time traveling element, then I'm sure you'd love Casey McQuiston's One Last Stop.

**“Not every story has to be a fable; we don't always need to learn a lesson from books—some are simply there to entertain us, and that's okay. One Last Stop didn't have a lesson or a moral purpose (it was just a great adventure), but it kept trying to.”**



**Above:** Cheng Xiaoshi (left)—voiced by Su Shangqing—and Lu Guang (right)—voiced by Yang Tianxiang—serve as *Link Click's* main protagonists. *(HILARY LEUNG/CBR)*

 **Victoria Lu & Grace Wang**  
**Staff Writers and Editors**

**Link Click (Shiguang Dailiren)** tells the story of Cheng Xiaoshi and Lu Guang, who are able to enter photos to dive into the past in order to solve mysteries and fulfill the wishes of various clientele. While doing so, they must be careful not to change the past too drastically, in order to protect the present that they currently reside in.


Filled with mystery and suspense, yet balanced out with lighthearted moments, this donghua successfully kept me on the edge of my seat for its entire duration. While the initial idea of time travel isn't anything new, Link Click takes a refreshing approach to it, which increased my initial intrigue to the show.

The first episode wastes no time getting to the action, throwing you in for the first plot-twist of many, most of which I hadn't anticipated. This did surprise me, as many other shows had started to become predictable with their plot-twists. Though the first few episodes don't seem to have much connection to one another, seemingly a bunch of one-shots, the writers do a masterful job of piecing everything together by the end of the first season, while simultaneously creating a whole new realm of possibility for the next season by leaving viewers on an infuriating


cliffhanger.

The two main characters of this show had a very interesting dynamic; Xiaoshi, a character very driven by emotions and being the one actually visiting and changing the past, and Lu Guang, the levelheaded character and the one overseeing his actions. They play off each other very well, as they are working towards the same goals, but using different methods to do so. Xiaoshi often feels overwhelmed with the urge to change the past for the better, without considering the consequences that would affect the future. While his actions were a bit reckless at times,


**POSITIVE REVIEWS**



**9/10**  
Royal Review



**8.9/10**  
IMDb



**5/5**  
Google

they're understandable; he had to personally go through traumatic experiences that occurred at times throughout the show, knowing full well that he's strictly forbidden to interfere with the past, even if he could easily prevent such tragedies with the knowledge he has. Lu Guang contrasts this rashness with carefully thought-out plans that attempt to minimize risks, and tries his best to keep his emotions under control, ensuring that the viewer has a balanced experience with both emotional and rational actions.

The art and overall aesthetic is very pleasing to the eyes, with a unique style and smooth animation paired with fantastic voice acting to top it off. The music scores are also amazing, with a strong opening and ending song. I was especially impressed by how catchy the ending song was, as well as how effectively it was placed at the end of each episode, enhancing the many emotions from what I had just watched, as it propelled me to click onto the next episode, even if I had other things to do that day.

Overall, I believe that if you enjoy mystery or drama, it would definitely be worth your time to sit down and watch the first episode, as it only takes that first 23 minutes to see if you'd enjoy the rest of the donghua. Hopefully, Link Click will gain more traction soon, as it was quite the unforgettable experience. 9/10.





VOICES

# Exploring Careers In Psychology

Above: An illustration of the human brain’s complexity. (csonline/Concordia St. Paul)

By Amy Kim  
Staff Writer

**Psychology is a field of study** that scientifically observes and studies the human mind and behaviour. Since it deals a lot with the brain and living things, it is a discipline that combines science and humanities.

Psychology is an extremely diverse field with hundreds of career paths. Caring for people with mental and emotional disorders is a specialty in psychology that is familiar to most of us. Others, like helping design advanced computer systems or studying how we remember things, are less well-known. Here are some of the subfields in psychology:

Clinical Psychology

Clinical psychology focuses on assessing and treating mental, emotional, and behavioral disorders. Some clinical psychologists treat specific problems exclusively, such as phobias or clinical depression, while other psychologists treat more general issues. Clinical psychologists also work with doctors for physical problems that have psychological causes.

Cognitive & Perceptual Psychology

Cognitive and perceptual psychology is a field of study that observes human perception, thinking, and memory. Cognitive and perceptual psychologists also study reasoning, judgment, and decision making.

Community Psychology

Community psychology combines research and practice to strengthen the abilities of communities, settings, organizations, and broader social systems to meet peoples’ needs. For example, community psychologists

improve support for hurricane victims, partner with neighborhoods to prevent crime, collaborate with schools to prevent bullying, and help change policies to improve health outcomes.

Environmental Psychology

Environmental psychology is a field of study that observes the relationship between a person and the environment surrounding them, such as the natural environment, social settings, cultural groups, and informational environments.

Neuropsychology (& Behavioral Neuropsychology)

Neuropsychology, also known as behavioral neuropsychology, examines the relationships between a person’s brain and their cognition and behavior. Neuropsychologists will often focus on how injuries or illnesses of the brain affect cognitive and behavioral functions. Neuropsychologists also work with health care teams to help people with brain injuries to live productive lives.

Social Psychology

Social psychology studies how a person’s mental life and behavior are shaped by interactions with other people. Social psychologists can be found in a variety of settings, from academic institutions (where they teach and research), to advertising companies (where they study consumer attitudes and preferences), to corporations and government agencies (where they can help with a variety of problems in organization and administration).

Sports Psychology

Sports psychology is the study of how psychological factors influence sports, athletic performance, exercise, and

physical activity. Sports psychologists focus on helping athletes refine their focus on competition goals, become more motivated, and learn to deal with the anxiety and fear of failure that often accompany competition. This is a growing field, as sports of all kinds have become more competitive and appealing to younger children.

DID YOU KNOW?

You need a PhD -- meaning, grad school -- for most psychology-related fields, including many listed above. However, if you are not planning to go to a grad school, an undergraduate degree in psychology can help you excel in a wide variety of career paths. This includes:

- Sales Representative
- Advertising Agent
- Psychiatric Technician
- Career Counselor
- Probation and Parole Officer
- Writer
- Market Researcher
- Child Care Worker
- Laboratory Assistant
- Social Service Specialist
- Teacher

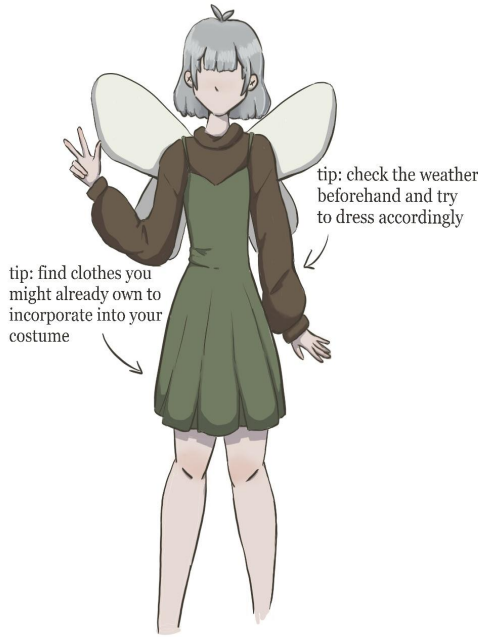
# Arts & Culture

The latest on what’s happening in the world of entertainment, lifestyle, and pop culture.



ARTS & CULTURE  
Twitch and the Music Industry  
pg 19

From left to right: Illustration of demon costume, photos of two ghost costumes, and illustration of a fairy costume captioned with advice. (Pictures by Sophia Poplar, Illustrations by Zoey Yiu and Cailyn Cai/The Royal Gazette)



By Katherine Hunter, Zoey Yiu, & Cailyn Cai  
Staff Writers, Illustrators, and Designer



ARTS & CULTURE

# Halloween Costume Ideas

**Halloween has been a long** observed holiday during which people of all ages dress up in costumes and go to parties, trick or treating, or stay at home handing out candy. The most exciting part for many is picking out the perfect costume for Halloween night, but how do you know how to keep warm and safe while celebrating? Some of the most popular options for costumes are classic ones such as vampires, witches or skeletons. However, you could also choose to spice things up by going with a decade/historical-themed costume, like a renaissance princess, 1960s hippie, or an iconic character from the 90s.

This year, 1920s style costumes are very popular, as people plan to go as flappers or gangsters from the roaring twenties. These ideas are quite fitting as we’ve re-entered the twenties this decade.

Another option could be dressing up as one of the biggest celebrities of today; for example, Olivia Rodrigo. If none of these costume ideas sound interesting, you could always go as a character from a book, movie, or television program. Many people are going as characters from TV shows; Eleven from ‘Stranger Things’ or a doctor from ‘Grey’s Anatomy.’ You could also dress up as a superhero, with Wanda Maximoff or Loki being a few of the most popular options, as both recently had their own TV shows.

You could also go for a Cruella de Vil costume, a character who has

soared in popularity since receiving her own movie starring Emma Stone and Emma Thompson. However, if all fails, classic costumes always work, and they’re easy to find as mentioned earlier. Honestly, you could pick up a demon, princess, or ghost costume at any costume store in the world!

During the holiday, however, it is still crucial to keep safety guidelines in mind. COVID-19 rules must be followed at all times to limit the spread of the virus, and can be done so by wearing proper face coverings, frequently sanitizing your hands, and staying in small groups to avoid unnecessary interactions with others. Most Halloween masks are not effective enough to limit the spread of COVID-19; however, creatively implementing an effective mask into the costume will allow you to keep yourself and others safe.

While handing out and receiving candy, it is important to sanitize and limit contact as much as you can. Overall, one just needs to follow the principles outlined in the most recent COVID-19 guidelines, such as the following: avoiding the three Cs (closed spaces, crowded places, close faces), taking risk-reducing measures like staying home, and only socializing with a small group of people. For more information, one can check the [canada.ca](https://www.canada.ca) website to look over protocols and to make sure they know how to be safe during this holiday.

As for general safety, it is important to note the following tips: Firstly, be aware of your surroundings; watch for cars and such when crossing roads, watch for other pedestrians when trick or treating, and avoid driving through residential areas. Second, keep costumes safe; avoid tripping hazards such as long flowy clothing, have costumes with good visibility so you can navigate easily, and make sure your costume fits and is geared for the weather. Lastly, do not consume candy that looks like it has been tampered with as it could be spiked with harmful substances. You should also make sure that you go with a trusted adult or a small group of friends to fall back on.

This Halloween may be a bit different from others we’ve celebrated in the past, but that doesn’t mean it won’t be just as enjoyable. As long as we all stay safe, this Halloween can be just as fun as any other. Stay safe and Happy Halloween!

“Overall, one just needs to follow the principles outlined in the most recent COVID-19 guidelines, such as the following: avoiding the three Cs (closed spaces, crowded places, close faces), taking risk-reducing measures like staying home, and only socializing with a small group of people.





ARTS & CULTURE

# Twitch and the Music Industry

**Above:** Twitch, one of the largest live streaming services in the world, has been cracking down on copyright. *(Twitch/Taking Influence)*

By Jessica Newton  
Staff Writer

In the past 10 years, a streaming service by the name of Twitch has taken the world by storm, creating many influencers and internet personalities since its launch back in 2011.

Twitch was originally created for live streaming video games to viewers but has since evolved into plenty of different live streaming categories. This includes eSports competitions, music broadcasts, creative content, and “in real life”, or IRL, streams.

While streamers broadcasted, they would often use licensed music to play in the background of streams to make the viewers’ experience more enjoyable. However, back in 2020, the National Music Publishers Association took action and copyrighted all streams that had used licensed music, resulting in a massive removal of all previous live stream videos on the platform. This caused a huge outrage since many streamers’ careers had solely relied on music to make an income. Most of these were music creators.

Following the removal of recorded streams (VODs) containing videos playing licensed music, Twitch released their music that would be copyrighted when played during streams, but the feedback was

unsatisfactory. For it was not the same as licensed music.

However, recently Twitch and the National Music Publishers Association (NMPA) have decided to partner up, and as an announcement of this partnership, Twitch sent out an email to their streamers with information on what this means for them.

In the newly established partnership with the NMPA, the musicians who hold rights to the music used by streamers on the service have the discretion to report copyrighted material used on the service. This is aimed to be a more forgiving policy towards creators than the previous governing of the Digital Millennium Copyright Act which indiscriminately worked against streamers.

In the new policy, a committee will be reviewing any copyright claims made and guilty creators will be issued warnings for offences and given the chance to correct the issues identified. Any VODs or video clips which contain copyrighted music will be taken down from that users channel, and if streamers are deemed repeat offenders to the policy, they can be penalized by Twitch.

After reviewing this email, it appears as if almost nothing has changed from what they did before. The only part that has changed is that rather

than jumping to conclusions and removing the streamers’ life as a whole, they will instead give them a warning in the hopes of preventing further punishment since the industry does not allow the use of unlicensed music.

“We recognize that not all unauthorized uses of music merit the same treatment, and we hope that we can, as part of our agreements with music rights holders, take a balanced approach that supports creators on Twitch,” said Twitch through an email to creators.

This in no way seems beneficial for streamers, except for the warning before the removal of a video as streamers are still unable to play licensed music. It is speculated that the motivation behind making this deal is so Twitch are able to protect Amazon’s service as a platform since Amazon is their number one partner. Some suggest their actions were never going to make things easier for their streamers but rather to only benefit themselves and that the whole point of this deal was to cover their tracks instead of benefiting their creators.

It’s unfortunate that large corporations — even outside of Twitch — continue to mistreat creators. From YouTube to Spotify, smaller creators are often affected the most. Ultimately, corporations must realize that, without support from creators and viewers, it’s impossible to succeed.



ARTS & CULTURE

# Britney Spears’ Conservatorship Case, Explained

**Above:** Since the #FreeBritney movement’s media eruption, thousands of fans—globally—have lobbied for the termination of Spears’ conservatorship.

By Faria Haque & Lindsay Liu  
Staff Writers & Editor

Britney Spears started her career at age 11 in the all-new Mickey Mouse Club. Spears then stopped making music when she fell in love with Kevin Federline, and they eventually had two kids together. Two years later, she filed for divorce. Adnan, one of Britney’s paparazzi who Britney fell in love with later, explained how Britney’s lifestyle was very difficult and that she couldn’t trust anyone, not even her mom, dad or assistant. Her relationship with her family was very complicated and was a “very dark place,” Adnan said.

In 2007, she released a new record called Blackout. Following the album’s release, the paparazzi continued to aggressively follow Spears, particularly in Los Angeles. In January of 2008, following a police encounter involving Spears and their two sons, wherein she locked herself and her children in a room, keeping them longer than the scheduled visit, Federline filed for sole custody. A devastated Spears spiraled, going to a hospital on a psychiatric hold. Shortly after, Jamie Spears -- her father -- petitioned to hold a temporary conservatorship, in which he would be the conservator.

At first, the conservatorship didn’t seem serious and restricting, though this soon changed. After receiving a call from her father during an outing with her boyfriend, Adnan, she knew that the conservatorship was not as it seemed. Along with her fame grew her father’s aggression. Suddenly, the freedom to do simple activities, such as driving and buying books for her children, was stolen. Instead, she would have to ask for permission, waiting upwards of ten minutes for responses. Additionally, she was forced to do tours -- like the Circus tour -- when she mentally wasn’t ready, ordered to do medical treatments when she was mentally and physically fine. When she wanted to end the conservatorship, her father would

threaten her by saying she would lose the privilege to see her kids. Afraid of not seeing her kids, Spears stayed silent -- until now.

Many people are aware of parts of Britney Spears’ conservatorship because of social media, where many videos and posts have been made. From lengthy speculation videos on the singer’s actions and mannerisms, to hashtags “#savebritney” and “#FreeBritney” trending on Twitter, it’s no surprise that most know at least a bit of what has happened. Among these videos and posts, the word “conservatorship” is thrown around quite a bit. However, what does conservatorship itself actually entail?

From a legal perspective, conservatorship is a status wherein a person is appointed by a court to control and manage an individual’s financial affairs, if that individual is deemed unable to manage their finances themselves. Conservatorship is not to be confused with guardianship, in which a person overlooks an individual’s physical and medical wellbeing. Instead, conservatorship is more focused on the finance end of things. People who may be eligible for conservatorship include children, those with mental or intellectual disabilities, and certain elderly, for example, those with dementia. In Spears’ case, she was placed in a conservatorship following her reaction in 2008, as outlined above.

On September 28, 2021, Netflix released a documentary called Britney vs Spears, which tells the story of Spears’ conservatorship. Britney vs Spears has a 58% Rotten Tomatoes rating on Google. The documentary itself was very uncomfortable and shocking to watch. It focused on the conservatorship, the drugs she was forced against her will to take, and doctors’ misdiagnoses to retain power over her life. Overall, it felt more like a crime documentary. There were confidential papers, some showing Spears’ medical reports, which were very appalling and upsetting to see.

They used the documentary to show how miserable the singer’s life was instead of applying a more emotional or human lens to the situation. Her ex-paparazzi boyfriend, Adnan, was interviewed in the documentary, explaining his relationship with Spears and his opinion on her former manager, Sam Lufti. The Spears family accused Lufti of drugging Britney -- an accusation he denies. There were also text messages and voice calls between Adnan and Britney that were strange and suspicious. In our opinion, the documentary should have shown a more positive side to the situation, rather than sensationalizing the singer’s personal and traumatic situation and turning the documentary into what it became. In fact, Spears reportedly cried for two weeks after watching the documentary.

Recently, there have been some new, positive updates regarding Britney’s situation. As of September 29th, it was announced that Britney Spears’ father, James Spears, has been suspended from his role as conservator. This occurred in court in Los Angeles, by Judge Brenda Penny, and is a huge win in Spears’ case. However, the hearing regarding the official end and removal of James Spears as conservator is yet to occur, and is scheduled to happen on November 12th. Spears’ conservatorship has not ended, but instead, the role has been passed onto an accountant, chosen by Spears’ legal team. Spears is also expected to have a second hearing in the upcoming month evaluating whether a conservatorship is needed at all.

According to Spears herself, she has no current plans to return to singing and performing, citing on her Instagram that she needs to spend more time on “healing” and “self love.” Britney has also thanked her numerous supporters through this journey on her Twitter, mentioning the #FreeBritney movement specifically. She says that because of her fans, her life has now been moving in a different direction, and that her fans are “the best” for their “constant resilience.”



# HOROSCOPES

## Aries

March 21 - April 19



You may receive some unexpected news this month. As decisions approach, remain patient with yourself. Think before you react.

## Cancer

June 21 - July 22

Cancer, great things are ahead! Maintain a positive outlook and remember, don't take anything for granted.

## Libra

September 23 - October 22

Over the last month, your life has revolved around helping others. It's time to focus on you, Libra. This month, your goal is to find a new hobby.

## Capricorn

December 22 - January 19

Your schedule will free up this month. Use this time to relax and focus on the present. Big changes are ahead, but you're ready Capricorn!

## Taurus

April 20 - May 20

Taurus, your self-esteem has gotten much better! This month, trust your intuition and practice confidence. You can do this!

## Leo

July 23 - August 22

Your relationship with someone has been struggling recently. Use this month to listen to one another and communicate your feelings. Positive things are coming your way, Leo!

## Scorpio

October 23 - November 21  
Scorpio, **HAPPY BIRTHDAY!** This month, loosen up and spend some time with your loved ones. Don't forget to celebrate; while, as always, maintaining health and safety protocols!

## Aquarius

January 20 - February 18  
Aquarius, your goal for this month is to look to the future and think about your career goals. Remember, it's important to equally consider your head and your heart.

## Gemini

May 21 - June 20

As the month progresses, one of your friendships may evolve. Try not to dismiss the change; you need a fresh start!

## Virgo

August 23 - September 22

Virgo, you've been too hard on yourself lately. Your goal for this month is to concentrate on the big picture and welcome some mistakes.

## Sagittarius

November 22 - December 21

Sagittarius, it's time to focus on friendships -- new and old. This month, try to hang out with more people and find some new friends. Of course, in keeping with health and safety protocols!

## Pisces

February 19 - March 20

Pisces, it's time to relax and focus on your mental health. Reach out if you need help; your friends are there for you!



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