

# Wildfire Resources

## Support for NWT Evacuees

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### General Information

General Health Information	My Health Alberta <a href="https://myhealth.alberta.ca/">myhealth.alberta.ca/</a> Health Link 811, call toll-free. Available 24/7
Community Supports	Dial 211, <a href="https://ab.211.ca/">https://ab.211.ca/</a>
Poison & Drug Information Service	1-800-332-1414
Canadian Red Cross	1-888-350-6070
My Health Alberta Important Phone Numbers including 911	<a href="https://myhealtht.alberta.ca/pages/emergency-phone-numbers.aspx">https://myhealtht.alberta.ca/pages/emergency-phone-numbers.aspx</a>

### Pharmacy

Alberta Pharmacies	To search for a pharmacy, visit Alberta College of Pharmacy's website: <a href="https://abpharmacy.ca/">https://abpharmacy.ca/</a>
Prescription Drug Coverage Support for NWT residents:	<p>Residents of NWT have access to prescription drug coverage in several ways:</p> <p>Non-Insured Health Benefits (NIHB) for First Nation and Inuk persons. This program is administered by the Federal Government. Contact: <a href="https://1-800-580-0950">1-800-580-0950</a> or please refer to the <a href="#">NIHB website</a>.</p> <p>Government of NWT (GNWT) funded prescription drug coverage for seniors 60+, Metis people, and those with a specific medical disease. These programs are administered by Alberta Blue Cross. Contact: 1-800-361-9632.</p> <p>Private drug coverage (employee sponsored or paid for by the NWT resident). Contact plan benefit administrator.</p>

### Cancer Care

Cancer Care Alberta's Cancer Centre Transition Team	For cancer assessment and treatments, call our toll-free number at 1-888-432-8865.
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Help is available



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### Addiction & Mental Health

Addiction Helpline	1-866-332-2322 toll-free available 24/7 or call Health Link at 811 and press option #2, then option #3
Mental Health Helpline	1-877-303-2642 toll-free available 24/7 Distress Centre at <a href="tel:780-421-HELP">780-421-HELP</a> (4357) or call Health Link at 811 and press option #2, then option #3
Crisis Text Line	Text CONNECT to 741741 Text CONNECT to 686868 (youth – Kids Help Phone)
AHS Program & Service information	Addiction & Mental Health Programs & Services <a href="http://www.ahs.ca/amh">www.ahs.ca/amh</a> Virtual Opioid Dependency Program - 1-844-383-7688
Helpful Online Resources	<a href="http://www.ahs.ca/helpintoughtimes">Help in Tough Times</a> ( <a href="http://www.ahs.ca/helpintoughtimes">www.ahs.ca/helpintoughtimes</a> )  <a href="http://www.albertahealthservices.ca/amh/page17012.aspx">Mental Wellness Moment, Dr. Nicholas Mitchell   Alberta Health Services</a> ( <a href="http://www.albertahealthservices.ca/amh/page17012.aspx">www.albertahealthservices.ca/amh/page17012.aspx</a> )

### Indigenous Supports

AHS Indigenous Support	1-844-944-4744 12 p.m. to 8 p.m., Monday to Friday <a href="https://www.albertahealthservices.ca/info/Page18213.aspx">https://www.albertahealthservices.ca/info/Page18213.aspx</a>
Other Supports	First Nations and Inuit Hope for Wellness: 1-855-242-3310 Online chat: <a href="http://hopeforwellness.ca/">hopeforwellness.ca/</a>  Alberta Indigenous Virtual Care Clinic: <a href="https://aivcc.ca/">https://aivcc.ca/</a>  Kids Help Phone (Indigenous specific supports upon availability and request): 1-800-668-6868.

### General Wildfire Supports

Wildfire information via Health Link text	Text 'wildfire' to 88111 Receive messages re: air quality, how to report wildfire, resources for planning ahead, mental health supports, & health effects of wildfire smoke.
Wildfire resources and updates	<a href="http://www.ahs.ca/wildfires">http://www.ahs.ca/wildfires</a>

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