



Anti-Asian racism

Educational resources
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Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l'inclusion

www.ccdi.ca

Educational resources on anti-Asian racism

In the Canadian context, anti-Asian racism refers to ongoing prejudice and discrimination directed at people of Asian descent or people who are perceived to be of Asian descent. Anti-Asian racism is based on assumptions and stereotypes historically applied at the individual and systemic level, such as Canada’s history of racist and exclusionary policies. These stereotypes include people of Asian descent being perceived as “perpetual foreigners”, a “model minority”, or “exotic”.

“Asian” is a term used to describe a wide range of identities, and Asian ancestry can be traced back to more than 40 different countries. These diverse identities translate into unique lived experiences and, thus, unique experiences of racism. These experiences can range from being perceived as a threat, increased risk of gender-based violence and gendered exoticification, online hate and racist portrayals in the media, or religious-based discrimination such as Islamophobia.

Anti-Asian racism is growing in Canada, particularly amid and following the [COVID-19 pandemic](#). Everyone has a role to play in combatting anti-Asian racism. This guide contains a broad range of resources for individuals to learn about the impacts of racism on Asian communities and how we can build anti-racist workplaces and communities.



CCDI WEBINARS

The following webinars were delivered previously, and recorded versions can be accessed via CCDI’s Knowledge Repository. If your organization is a [CCDI Employer Partner](#), you and your colleagues can visit the [Knowledge Repository portal](#) to register for access (using a work email address) and login credentials will be sent via e-mail (check Inbox and Junk Mail folder just in case).

Log into Knowledge Repository and click on the links below to view each webinar:

Bilingual

- [Addressing anti-Asian racism in the workplace / Répondre au racism anti-asiatique en milieu de travail](#) (2021)
- [Keeping the conversation going: Anti-Asian racism in Canada / Maintenir la conversation : le racism anti-asiatique au Canada](#) (2022)
- [Systemic racism in the workplace: What is it and what is being done - A leaders panel / Le racism systémique au travail : de quoi s’agit-il et ce que l’on fait — comité de dirigeant.e.s](#) (2022)

English only

- [The intersection of race, mental health and stigma in the age of COVID-19 \(2020\)](#)

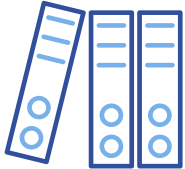
Please view a [schedule and descriptions of our upcoming webinars](#) to be delivered live (recorded versions will be accessible via CCDI's Knowledge Repository shortly thereafter). If your organization is a CCDI Employer Partner, you and your colleagues can register and attend for free. If your organization is not currently a CCDI Employer Partner and you are interested in joining, you can [learn more about partnership and submit an inquiry here](#).



CCDI SOLUTIONS

- Guide: [A brief history of race relations in Canada \(PDF\)](#) / [Un bref historique des relations raciales au Canada \(PDF\)](#)
- Toolkit: [Navigating race in Canadian workplaces \(PDF\)](#)

Other resources



ARTICLES, REPORTS, AND TOOLS

Bilingual

- [Addressing anti-Asian racism](#) / [Lutter contre le racisme envers les personnes asiatiques](#), Government of Canada
- [Anti-Asian Racism in Canada](#) / [Racisme anti-asiatique au Canada](#), The Canadian Encyclopedia
- [Anti-Asian Racism in Canada: Where Do We Go from Here?](#) / [Le racisme anti-asiatique au Canada : Qu'allons-nous faire, maintenant?](#) Asia Pacific Foundation of Canada
- [Building Resilience](#) / [Renforcer la résilience](#), Chinese Canadian National Council for Social Justice
- [Combatting anti-Asian racism in the workplace](#) / [Combattre le racisme anti-asiatique sur le lieu de travail](#), Canadian Museum for Human Rights
- [Experiences of discrimination during the Covid-19 pandemic](#) / [Expérience de la discrimination pendant la pandémie de COVID-19](#), Statistics Canada

- [Let's Talk about Yellow Peril / Le péril jaune](#), Digital Museums Canada
- [Resources in English / Resources in French](#), ACT2endracism
- [Road to Justice / Le Chemin vers la Justice](#), Metro Toronto Chinese and Southeast Asian Legal Clinic

English only

- [Addressing Anti-Asian Racism: A Resource for Educators \(PDF\)](#), Toronto District School Board
- [Anti-Asian Racism Is More than a Trending Topic](#), The Walrus
- [Anti-Asian Racism Is Surging in Canada. Here's How to Help Fight It](#), Complex
- [Anti-Asian Racism Resources](#), Elimin8hate
- [Anti-Asian Racism Social Action Card](#), Centennial College
- [Here's How You Can Support the Asian Community Right Now](#), Elle
- [Responding to Hate Toolkit](#), Toronto Metropolitan University
- [The Riot that Changed Canada](#), The Tye
- [The white elephant in the room: anti-Asian racism in Canada](#), The University of British Columbia
- [This is what anti-Asian racism looks like in Canada](#), CBC
- [TIMELINE: This is Canada's history of anti-Asian racism that COVID-19 has amplified](#), Toronto.com
- [What is Racism? Faces of Racism](#)
- [You Can Stop the Spread of Racism](#), Chinese Canadian National Council for Social Justice

French only

- [Des Asiatiques nous disent pourquoi ils en ont assez du racisme #StopAsianHate | Témoignage](#), Radio-Canada
- [Racisme anti-asiatique: un «momentum» pour briser le silence](#), Métro
- [Vivre le racisme anti-chinois et anti-asiatique au Canada : avant et pendant la COVID-19](#), Radio-Canada

Organizations and campaigns fighting against anti-Asian hate

Bilingual

- [Asian Solidarity Fund / Fonds de solidarité pour la communauté asiatique](#)
- [Fight COVID Racism / Combattre le racisme lié à la COVID-19](#) (must select FR in the top menu bar for French)

English only

- [#Elimin8Hate](#)
- [#EradicateHate](#)
- [#FaceRace](#)
- [ACT2endracism](#)
- [Asian Mental Health Collective](#)
- [Chinese Canadian National Council for Social Justice](#)
- [Faces of Racism](#)
- [Growth & Solidarity: A Mental Health Hub for Asian Communities in Canada](#)
- [Project1907](#)
- [Stop AAPI Hate](#)

Asian Canadian and Asian American media

- [Burdock Media](#)
- [Cold Tea Collective](#)
- [Hyphen – Asian America Unabridged](#)
- [Mochi Magazine](#)
- [The Juggernaut](#)



BOOKS

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

Bilingual

- em (Kim Thúy)
- How to Pronounce Knife / Le K ne se prononce pas (Souvankham Thammavongsa)
- Interior Chinatown / Chinatown, intérieur (Charles Yu)
- Jun (Keum Suk Gendry-Kim)

- They Called Us Enemy / Nous étions les ennemis (George Takei, Justin Eisinger, Steven Scott, artist Harmony Becker)
- Two Trees Make a Forest / Deux arbres, une forêt (Jessica J. Lee)

English only

- All You Can Ever Know (Nicole Chung)
- Chop Suey Nation (Ann Hui)
- Goodbye, Again (Jonny Sun)
- Iron Widow (Xiran Jay Zhao)
- Seven (Farzana Doctor)
- Swimming Back to Trout River (Linda Rui Feng)
- The Color of Success: Asian Americans and the Origins of the Model Minority (Ellen D. Wu)
- The Language We Were Never Taught To Speak (Grace Lau)
- The Last Exiles (Ann Shin)
- The Making of Asian America: A History (Erika Lee)
- The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing (Anneliese A. Singh)
- We Gon' Be Alright: Notes on Race and Resegregation (Jeff Chang)
- We Two Alone (Jack Wang)
- Welcome Home (Najwa Zebian)

French only

- Khiêm (Phan Morissette, Yasmine Trinh)
- Une minorité modèle ? Chinois de France et racisme anti-Asiatiques (Ya-Han Chuang)



FILM AND TELEVISION

Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.

Bilingual

- [Always Be My Maybe](#) / [Peut-être pour toujours](#) (Netflix)
- [Asian Communities in Canada](#) / [Les communautés asiatiques au Canada](#) (National Film Board Collection)
- [Double Happiness](#) / [Bonheur aigre-doux](#) (Apple TV)

- [Fresh Off the Boat / Bienvenue chez les Huang](#) (Disney+)
- [Minari / Minari \(FR\)](#) (Amazon Prime Video)
- [Never Have I Ever / Mes premières fois](#) (Netflix)
- [Silenced / Silenced \(FR\)](#) (Netflix)
- [The White Tiger / Le Tigre blanc](#) (Netflix)
- [Turning Red / Alerte rouge](#) (Disney+)
- [Yellowface: Asian Whitewashing and Racism in Hollywood / L'ennemi japonais à Hollywood](#) (Tubi, Vimeo)

English only

- [Definition Please](#) (Netflix)
- [Everything Everywhere All at Once / Tout, partout, tout à la fois](#) (Amazon Prime Video)
- [Kim's Convenience](#) (CBC Gem, Netflix)
- [Rising Against Asian Hate: One Day in March](#) (PBS)
- [The Farewell](#) (Netflix)
- [The Joy Luck Club](#) (Disney+)
- [Tigertail](#) (Netflix)
- [Yellow Rose](#) (Netflix)



TED TALKS

French links are for the original Ted Talk with French subtitles and/or French transcript.

Bilingual

- [I am not your Asian stereotype / Je ne suis pas votre Asiatique typique](#) (Canwen Xu)

English only

- [Abolishing Racism from the Inside Out](#) (Martina Chen)
- [Not Your Model Minority](#) (Kelly Choi)
- [Redefining Asian American Narratives Through Storytelling](#) (Katerina, Krystie Jeng, Mak)
- [UN - Normalize Racism Towards Asian Americans](#) (Sophia Nguyen)



PODCASTS

- [Anti-Hate Conversation Series](#)
- [Asia In-Depth Podcast: How You Can Help Stop Anti-Asian Racism](#)
- [Asian-Americans Talk About Racism, and We Listen - Part 1](#)
- [Asians in the Spotlight](#)
- [At the Moment: Asian American News](#)
- [Dear Asian Americans](#)
- [Modern Minorities](#)
- [Taking Action To Address Anti-Asian Racism And Violence](#)
- [Talking With Kids About Anti-Asian Racism](#)
- [The Loop - A rise in anti-Asian racism](#)
- [The Nameless Collective](#)
- [Voices of the Pandemic](#)



INSTAGRAM ACCOUNTS

CCDI is not responsible for the content posted by any of these accounts.

- [@asianmentalhealthcollective](#)
- [@asiansarestrong](#)
- [@dearasianyouth](#)
- [@lilyzheng308](#)
- [@mayleeshow](#)
- [@nbcasianamerica](#)
- [@southasiantherapists](#)
- [@stopaapihate](#)
- [@weareaapi](#)

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