

# BACK. SHOULDERS. NECK. HANDS.

The new MSD Prevention Guideline for Ontario provides workplace solutions to prevent musculoskeletal disorders (MSD).

Help with preventing musculoskeletal disorders at your workplace, because work shouldn't hurt.

## PREVENTING PAINFUL, COSTLY DISORDERS MAKES BUSINESS SENSE. THE NEW GUIDELINE INCLUDES:

- An introductory video
- Newly developed hazard identification and control approaches
- Animated graphics
- Downloadable templates and documents to help organizations prevent MSD

## NO MATTER THE SIZE OF THE ORGANIZATION, THE GUIDELINE CAN HELP PREVENT MSD:

- Quick Start Guide for small and micro businesses
- Comprehensive Guideline for larger organizations
- Basic Guideline for medium-sized organizations

**NO MATTER THE SIZE OF THE ORGANIZATION, THE GUIDELINE CAN HELP PREVENT THESE DISORDERS**



Everything is available at:  
[msdprevention.com](https://msdprevention.com)

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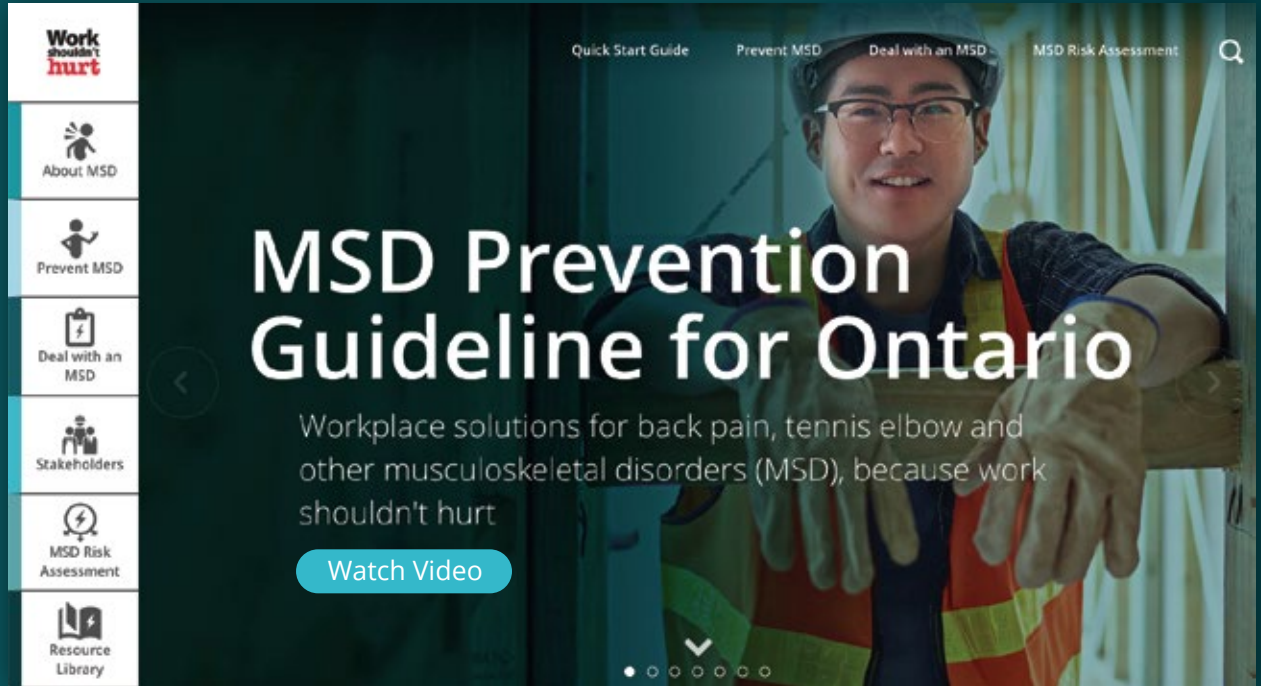
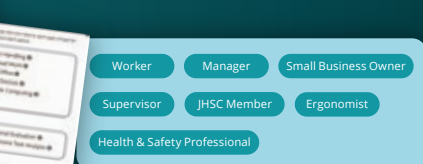
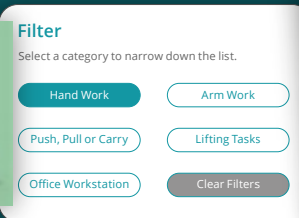
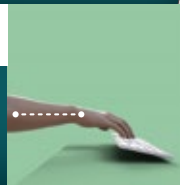


Centre of Research  
Expertise for the  
Prevention of  
Musculoskeletal Disorders

**Work  
shouldn't  
hurt**

No matter what you call them—  
pains and strains, low back pain, sore  
shoulders, carpal tunnel syndrome,  
musculoskeletal disorders or MSD—  
all the tools and resources you need  
to prevent them... in one place:

[www.msdpreservation.com](http://www.msdpreservation.com)



## MSD Quick Start Guide

A simple and useful  
guide for busy people  
in small businesses.

## Roadmap to Success

Overview of  
the Ontario MSD  
Prevention Guideline  
for larger  
organizations.

## Animations & Videos

Introducing MSD,  
website feature  
highlights,  
demonstrations,  
and more...

## MSD Resource Filters

Search for Prevention  
Resources based on  
*your* needs.

## Centralized MSD Risk Assessment Resources

Not sure what method to use? The  
Tool Picker will help you find a  
method best suited to your work.

## Employer? Worker? JHSC member?

The Stakeholder tab gives  
quick access to information  
of use to *you!*



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